



# Is someone on your case?

If you're trying to balance work and family, the New York State Bar Association's Lawyer Assistance Program can help. We understand the competition, constant stress and high expectations you face as a lawyer. Dealing with these demands and other issues can be overwhelming, which can lead to substance abuse and depression. NYSBA's Lawyer Assistance Program offers free, confidential support because sometimes the most difficult trials lie outside the court. All LAP services are confidential and protected under Section 499 of the Judiciary Law.



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