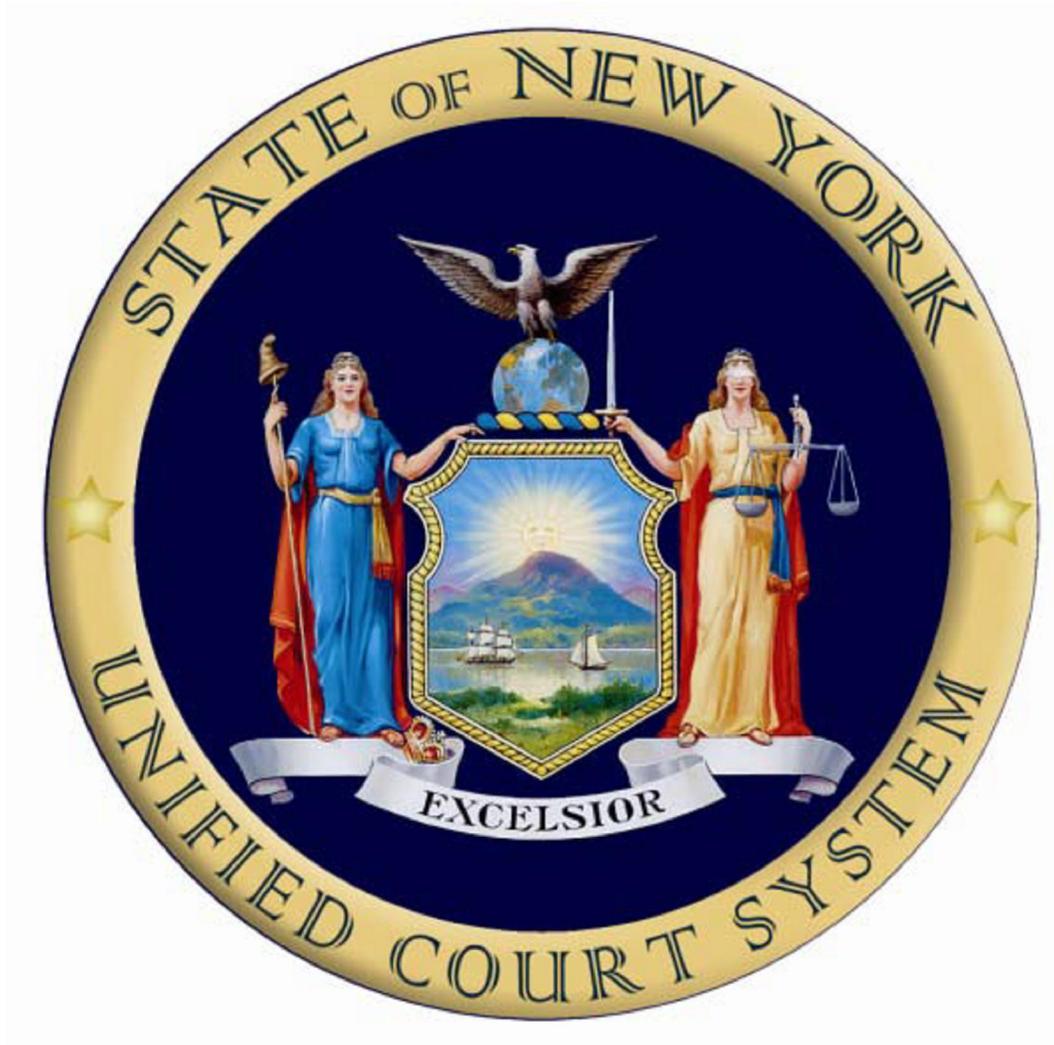


**DIRECTORY OF
VETERANS RESOURCES
FOR NEW YORK STATE COURTS**



**Honorable Jonathan Lippman
Chief Judge**

**Honorable A. Gail Prudenti
Chief Administrative Judge**

**Honorable Judy Harris Kluger
Chief of Policy and Planning**

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Introduction from Hon. Judy Harris Kluger

The New York State Unified Court System recognizes that veterans sometimes enter the criminal justice system under circumstances that may arise from their prior military service. While veterans are less likely than the general population to be arrested, studies show that veterans may be more likely to struggle with substance abuse, mental health issues, homelessness and thoughts of suicide. Drug Courts and Mental Health Courts leverage tools best calculated to make a meaningful difference for court involved veterans with substance abuse or mental health issues. Veterans Treatment Courts can help leverage the resources available to defendant veterans to help them reintegrate as successful and productive civilians.

This directory seeks to aid judges and courts in identifying resources available to veterans who may appear in proceedings before them. In addition to listing statewide and regional resources, this directory invites court managers to adapt it to include their own local resources where veterans and their families can access referrals specific to their needs.

The directory is organized by the 13 judicial districts of the Unified Court System. While we would like to include every resource available to veterans, this directory focuses on services provided by the U.S. Department of Veterans Affairs, New York State Division of Veterans Services, and pro bono providers. Contact information is provided, including addresses, phone numbers and websites for most; where appropriate, a contact name is listed for specific inquires. If a specific resource is not located in a judicial district, the nearest location is provided.

For courts that wish to include their local veterans resources, there is a section to do so at the end of each judicial district. Courts can add additional resources such as mental health services, children and family services, medical services, addiction services, and others. A list of New York benefits for veterans is included on page 4. Additional resources for veterans and their families are on page 118. The directory ends with a summary of some signs of a veteran in crisis.

I extend my appreciation to the New York State Bar Association and its Special Committee on Veterans Legal Services, for collaborating in the production of this directory on behalf of New York's courts, veterans and their families.

I hope you find this directory to be a useful tool and take the initiative to build on it in serving our common goal to do justice for veterans and the People of New York State.

Acknowledgments

This directory is the result of the important efforts of New York State Bar Association President Vincent E. Doyle, III, who developed the Special Committee on Veterans Legal Services to address the needs of veterans in New York. Co-chaired by Karen Hennigan from the United States Attorney's Office for the Eastern District of New York, and Michael C. Lancer of Rupp, Baase, Pfalzgraf, Cunningham & Coppola, LLC, the Committee's mission is to identify and help address the unmet needs of New York's community of veterans for quality legal services.

The following Committee members provided guidance and assistance in the creation of this directory: Gloria Herron Arthur, Carol Davidson, Hon. Charles Heffernan (ret.), Jack O'Connor, Hon. Robert Russell and Dr. Patrick Welch. The following Unified Court System personnel reviewed information and provided invaluable suggestions: Hope Angarola, Edward Gialella, Martiza Karagiorgos, Joseph Madonia, Jennifer Mosher, Desiree Rogers, Amy Saeva, Kellee Strong, Brigdet Tychinski, Rosemary Walker and Michael Young.

In addition, the Unified Court System extends its gratitude and appreciation to interns who diligently reached out to organizations to gather and verify contact information, and who helped organize the content of this directory: from Brandeis University, Max Goldstein; and from John Jay College of Criminal Justice, Marco Carvajal, Marina Leybishkis, Corina Lozada, Nahirobi Peguero and Alliah Rozan.

Reference herein to any agency or service does not constitute Unified Court System endorsement thereof. The Unified Court System is not responsible for the provision of services.

New York State Benefits for Veterans

The following information was obtained from the New York State Division of Veterans' Affairs and is consolidated for printing purposes. For detailed information, contact the agencies designated below.

Department of Motor Vehicles

The Point and Insurance Reduction Program allows veterans to reduce Driver Violation Points and Insurance Premiums by taking a DMV-approved accident prevention course to reduce driver violation point total by a maximum of four points, and save 10% on automobile liability and collision insurance premiums. For more information please visit <https://transact.dmv.ny.gov/pirp/>.

Vehicle Registration and Plate Fees

Military veterans can qualify to be exempt from registration fees and vehicle plate fees if they are:

1. qualified disabled veterans under Federal Title 38, or
2. qualified for and apply for Congressional Medal of Honor custom plates, or
3. 62 years of age or older and qualifies for and applies for Former Prisoner of War custom plates.

For forms, visit www.nysdmv.com/forms.

For custom plates, visit www.nysdmv.com/military.

E-Z Pass

The Disabled Veteran Non-Revenue E-Z Pass Program allows disabled veterans to qualify for and obtain a fee exempt vehicle registration from the New York State Department of Motor Vehicles. Enrollment in the program allows free, unlimited travel for the disabled veteran anywhere on the New York State Thruway system when the disabled veteran is traveling in a qualifying vehicle (2-axle, 4-tire cars, vans or pickup trucks or motorcycles). To apply, visit www.nysthruway.gov/ezpass.

Veterans' Nursing Homes

The New York State Veterans' Homes are skilled nursing facilities owned and operated by the New York State Department of Health and the State University of New York for veterans and their dependents. They exist to provide quality care to all eligible veterans and dependents in need of skilled nursing care and rehabilitative services.

Applicants must require skilled nursing care and have entered active duty from the State of New York or be a New York State resident for one year prior to application for admission. They must have been honorably discharged from the U.S. Armed Forces after at least 30 days of active service.

For information regarding full requirements for admission for veterans and/or spouses please visit www.nysvets.org or contact one of the following homes:

NYS Veterans Home at St. Albans
178-50 Linden Boulevard
Jamaica, NY 11434-1467
(718) 990-0353
www.nysvets.org/homes/stalbans/

NYS Veterans Home
220 Richmond Avenue
Batavia, NY 14020
(585) 345-2049
www.nysvets.org/homes/batavia/

NYS Veterans' Home at Oxford
4211 State Highway 220
Oxford, NY 13830
(607) 843-3121
www.nysvets.org/homes/oxford/

Long Island State Veterans Home
State University of New York at Stony Brook
100 Patriots Road
Stony Brook, NY 11790-3300
(631) 444-(VETS) 8387
www.listateveteranshome.org/

Montrose
Route 9A, PO Box 188
Montrose, NY 10548
(914) 788-6000
www.nysvets.org/homes/montrose/

Tuition Assistance

Veterans Tuition Awards (VTA) are awards for full- or part-time study. To be eligible, students must:

1. apply to the New York State Higher Education Services Corporation (HESC);
2. be New York State residents and either U.S. citizens or eligible noncitizens;
3. matriculate full or part- time at an undergraduate or graduate degree-granting institution in New York State or in an approved vocational training program in New York State;
4. have applied for the Tuition Assistance Program (TAP) for full-time undergraduate or graduate study; and

5. be discharged under honorable conditions from the U.S. Armed forces who served in (a) Indochina between February 28, 1961 and May 7, 1975; (b) the Persian Gulf on or after August 2, 1990; (c) Afghanistan during hostilities on or after September 11, 2001, or (h) hostilities that occurred after February 28, 1961 as evidenced by receipt of an Armed Forces Expeditionary Medal, Navy Expeditionary Medal or a Marine Corps Expeditionary Medal.

Additional information, questions regarding eligibility or how to document service should be directed to the HESC Scholarship Unit at 1-888-697-4372 or www.hesc.org.

Military Service Recognition Scholarships provides financial aid to veterans, children, spouses and financial dependents of members of the U.S. Armed Forces who, while New York State residents, died or became severely and permanently disabled while engaged in hostilities or training for hostilities.

This award covers up to four years of full-time undergraduate study (or five years in a approved five year bachelor's degree program) and includes the following:

1. At a public college or university (SUNY or CUNY): Actual tuition and mandatory educational fees; room and board charged to the student (on campus) or an allowance for room and board for commuter students; and allowances for books, supplies, and transportation.
2. At a private institution: An allowance equal to SUNY four-year college tuition and mandatory educational fees, and allowance for room and board, books, supplies and transportation.

Eligibility: recipients include veterans, children, spouses and financial dependents of members of the US Armed forces who, while NYS residents, on or after August 2, 1990:

1. Died, or became severely and permanently disabled as a result of injury or illness suffered or incurred, or are classified as missing in action in a combat theater or zone of operations; or who died as a result of injuries incurred in these areas; OR
2. Died, or became severely and permanently disabled as result of injury or illness suffered or incurred during military training operations in preparation for duty in a combat theater or combat zone of operations.

Additional information or questions regarding eligibility or how to document service should be directed to the HESC Scholarship Unit at 1-888-697-4372 or www.hesc.org.

Regents Awards for Children of Deceased & Disabled Veterans provide up to \$450 per year to students whose parent(s) served in the US Armed Forces during specified times of national emergency.

Eligibility: students whose veteran parent(s) are NYS residents and who served in the US Armed forces during one of the following periods of war or national emergency:

1. WW I between Apr 6, 1917 and Nov 11, 1918; or in
2. WW II between Dec 7, 1941 and Dec 31, 1946; or in
3. Korea between June 27, 1950 and Jan 31, 1955; or in
4. Vietnam between Dec 22, 1961 and May 7, 1975; or in
5. Persian Gulf on or after Aug 2, 1990; or in
6. Afghanistan on or after Sept 11, 2001.
7. Or students whose parent(s) was the recipient of the Armed Forces Expeditionary Medal, Navy Expeditionary Medal or the Marine Corps Expeditionary Medal for participation in operations in Lebanon, Grenada or Panama. And as a result of service, the veteran died, suffered a 40% or more disability, was classified as missing in action, or was a prisoner of war.

Additional information or questions regarding eligibility or how to document service should be directed to the HESC Scholarship Unit at 1-888-697-4372 or www.hesc.org.

Blind Annuity

The **Blind Annuity Program** benefit is for legally blind NYS wartime veterans or the surviving un-remarried spouse of the blind veteran. In 2012 the program authorizes an annuity payment of up to \$1,277.40 in monthly payments of \$106.45.

Eligibility: an applicant must meet the following requirements:

Veteran must be a resident of NYS and be determined legally blind (20/200 vision in the better eye with best correction) OR 20 degree limitation of field of vision; AND

Served on active duty (other than for training) for 90 days or more during any of the following:

1. April 11, 1899 – July 4, 1902
2. May 9, 1916 – April 4, 1917
3. April 6, 1917 – Nov 11, 1918
4. Dec 7, 1941 – Dec 31, 1946
5. June 27, 1950 – Jan 31, 1955
6. Feb 28, 1961 – May 7, 1975
7. Aug 2, 1990 – End of conflict, OR

Received the Armed Forces, Navy, or Marine Corps Expeditionary Medal, for participation in:

1. Lebanon – June 1, 1983 – Dec 1, 1987
2. Grenada – Oct 23, 1983 – Nov 21, 1983
3. Panama – Dec 20, 1989 – Jan 31, 1990

Please visit www.veterans.ny.gov/forms/blind_annuity_form to apply for the Blind Annuity or call for more information: 1-888-838-7697 or 518-486-3602.

Homes for Veterans

Homes for Veterans Program offers fixed-rate mortgages with interest rates 0.5% below rates charged on SONYMA mortgages with closing cost assistance. The Homes for Veterans Program features the following:

1. Veterans, and their spouses or co-borrowers, need not be a first-time homebuyer.
2. Interest rates that are 0.50% lower than our standard SONYMA mortgages (for loans with closing cost assistance).
3. Closing cost assistance up to the greater of \$3,000 or 3% of the requested loan amount.
4. No points or origination fees.
5. Minimum borrower cash contribution of 3% (only 1% must come from the borrower and the remaining 2% can come from a gift or other acceptable source).

Eligibility: the applicant must be a veteran who served in active military, naval, or air service discharged under conditions other than dishonorable.

To apply contact the State of New York Mortgage Agency (SONYMA) at 1-800-382-HOME (4663) or www.nysonyma.org and get pre-qualified with a SONYMA participating lender.

Gold Star Parent Annuity

Gold Star Parent Annuity authorizes an annuity payment of up to \$500 per Gold Star parent of a deceased veteran.

Eligibility: an applicant must meet the following requirements:

1. The applicant must be a Gold Star Parent (as defined in 10 USC 1126).
2. The applicant must be a resident of NYS.
3. The applicant must verify that their income is at or below 200% of the Federal Poverty Level. This verification is based upon the submittal of a copy of their latest calendar year Federal Tax return, or an affirmation that certifies that they are not required to file a federal income tax return.
4. Applicants approved for the Gold Star Parent Annuity payments are required to verify their eligibility on a yearly basis.
5. No entitlement shall be paid to or for a gold star parent who is incarcerated. Pursuant to a misdemeanor or felony conviction for any part of the period beginning sixty-one days after his or her imprisonment begins and ending with his or her release.

To apply for the Gold Star Parent's Annuity visit www.veterans.ny.gov/forms/gsp_form or call 1-888-838-7697 or 518-474-6784.

Property Tax Exemption

NYS Veterans' Property Tax Exemption provides a partial exemption on real property taxes to veterans' of defined periods of war, veterans who received expeditionary medals or certain family members, as allowed by law.

There are three levels of benefits, depending on whether the veteran served in combat and/or was disabled. Exemptions are also subject to dollar limitations, pursuant to state and local law.

Section 458 of the Real Property Tax Law provides a partial exemption on property owned by a veteran that has been purchased with pension, bonus, or insurance monies – referred to as “eligible funds”.

Section 458-a of the Real Property Tax Law is available only for residential property of veterans who served during wartime or received an expeditionary medal – referred to as “alternative veterans' exemption”.

Section 458-b of the Real Property Tax Law is available only for residential property of veterans who served during the Cold War period – referred to as “Cold War exemption”.

Eligibility: an applicant must be one of the following:

1. A qualified veteran.
2. The spouse of a qualified veteran (un-remarried surviving spouse).

For forms and further information, contact 1-888-838-7697 or www.orps.state.ny.us.

Supplemental Burial Allowance

Supplemental Burial Allowance of up to \$6,000 is authorized for certain military personnel killed in combat or while on active duty in hostile/imminent danger locations on or after September 29, 2003.

The supplemental burial allowance provides a maximum of \$6000 payment to defray funeral and burial expenses for members of the armed forces who were residents of NYS and who were receiving special pay for duty subject to hostile fire or imminent danger at the time of their death.

Eligibility: the burial allowance will be paid to the family member responsible for funeral and burial expenses. Recipients eligible for reimbursement are, in order of priority:

1. Surviving spouse or domestic partner of qualified decedent.
2. Adult children of qualified decedent.
3. Parents of qualified decedent.
4. Any other relative of qualified decedent.

To apply, complete an application obtainable from any of the State Veterans Counseling Offices or by clicking www.veterans.ny.gov/forms/burial. For further information, contact 1-888-838-7697.

Veteran Employees with Disabilities (55c)

The Governor's Programs to **Hire Persons/Veterans with Disabilities** consist of two specialized programs. These programs are coordinated efforts to place individuals with disabilities in entry-level State jobs. No initial written or oral examinations are required for appointment. You must however, submit a formal application and a medical evaluation may be necessary for program certification.

FREQUENTLY ASKED QUESTIONS:

Do wartime veterans qualify?

Veterans of the armed forces of the United States who served during time of war and have a disability might qualify for the 55-c Program. Veterans must have served on a full-time active basis, other than active duty for training purposes. Civil Service Law defines "time of war" to include:

- World War I: April 6, 1917 - November 11, 1918
- World War II: December 7, 1941 - December 31, 1946
- Korean War: June 27, 1950 - January 31, 1955
- Vietnam War: February 28, 1961 - May 7, 1975
- Persian Gulf Conflict: August 2, 1990 to the date upon which such hostilities end

"Time of war" also includes the following hostilities, as established by receipt of the following:

- Armed Forces expeditionary medal, Navy expeditionary medal, or Marine Corps expeditionary medal
- Hostilities in Lebanon: June 1, 1983 - December 1, 1987
- Hostilities in Grenada: October 23, 1983 - November 21, 1983
- Hostilities in Panama: December 20, 1989 - January 31, 1990

Are disabled veterans required to take a civil service exam?

While veterans with disabilities are not required to take a written or oral examination, they must meet the educational and/or experience qualifications for the position. Veterans certified eligible for the 55-c Program receive no guarantees of State employment and they are not placed on a "list".

Are there any specific 55c jobs for veterans?

There are no “55-c jobs”. Rather, State agencies may convert any entry-level position that is filled via an open-competitive civil service examination to a non-competitive 55-c position for a 55-c appointment.

Are all state agencies required to participate in this program?

State agencies are not required to participate in this program. Many personnel directors, however, find that the 55-c Program provides the ideal appointment alternative for quality candidates or for positions otherwise under a hiring freeze due to budgetary constraints.

(Currently, the Division of the Budget permits agencies to fill positions under a hiring freeze with qualified 55-c appointments. Such positions may be filled without Division of the Budget approval provided the agency can fund those positions within approved funding and personnel levels.)

Please contact the New York State Department of Civil Service with any questions at 518-233-3118 or 1-866-297-4356, or visit www.cs.state.ny.us/dpm/c55.cfm.

Licenses & Permits

Hunting Licenses & Fishing Permits are available at licensing entities at reduced cost to veterans with 40% or greater service-connected disability rating and free to NYS residents who are on active duty, active members of the NY Air National Guard, or U.S. Reserve honorably discharged from active duty. Applicants must be residents of New York State for at least 30 days immediately prior to the date of application.

Free licenses (Small/Big Game, Trapping, and Fishing) are available under the Patriot Plan to New York State Residents who are active service members of the New York State Organized Militia, U.S. Reserve Forces, or certain members of the U.S. Armed Forces. (Inactive service status does not qualify.)

To prove eligibility for free licenses, applicants must present:

1. US Armed Forces Identification Card;
2. Authorized leave orders showing applicant stationed outside of New York (for active duty service members only); or
3. A qualifying affidavit (available at www.dec.ny.gov/permits).

For additional information contact the New York State Department of Environmental Conservation at www.dec.ny.gov or <http://nysparks.state.ny.us/info/accesspass.asp>.

Description of Resources

The resources of this directory are organized by affiliation with the U.S. Department of Veterans Affairs, New York State Division of Veterans' Affairs, and *pro bono* legal service providers, respectively.

The U.S. Department of Veterans Affairs provides patient care and federal benefits to veterans and their dependents. Their resources and service providers include:

Veterans Benefits Administration Regional Offices provide services to veterans seeking benefits related to compensation, pension, vocational rehabilitation, home loans, death benefits, employment and disability.

Outpatient Clinics are community-based outpatient clinics providing primary care, counseling, laboratory analysis, prescriptions and radiology services.

VA Medical Centers offer a range of acute care and community-based outpatient services, including mental-health care, diagnostics, homeless and alcohol/drug abuse programs, nursing home and respite care, re-adjustment services, pharmacies, emergency care and chaplain services.

Vet Centers provide re-adjustment counseling and outreach services to all veterans who have served in any combat zone as well as their family members.

Veteran Justice Outreach Coordinators provide direct outreach, assessments, referrals, and case management services to veteran litigants in local courts and jails, and liaison with local justice system partners.

Regional Suicide Prevention Coordinators are specially trained in suicide prevention. They are available at VA Medical Centers or over the phone to determine whether crisis intervention techniques are required.

Crisis Centers handle veterans coping with aging, stress, relationship problems, financial or legal issues, or lingering effects stemming from military service, including difficulty transitioning back to civilian life.

The New York State Division of Veterans' Affairs provides services, advocacy and counseling for New York's Veterans and their families to ensure they receive benefits granted by law for service in the United States Armed Forces. Their resources and service providers include:

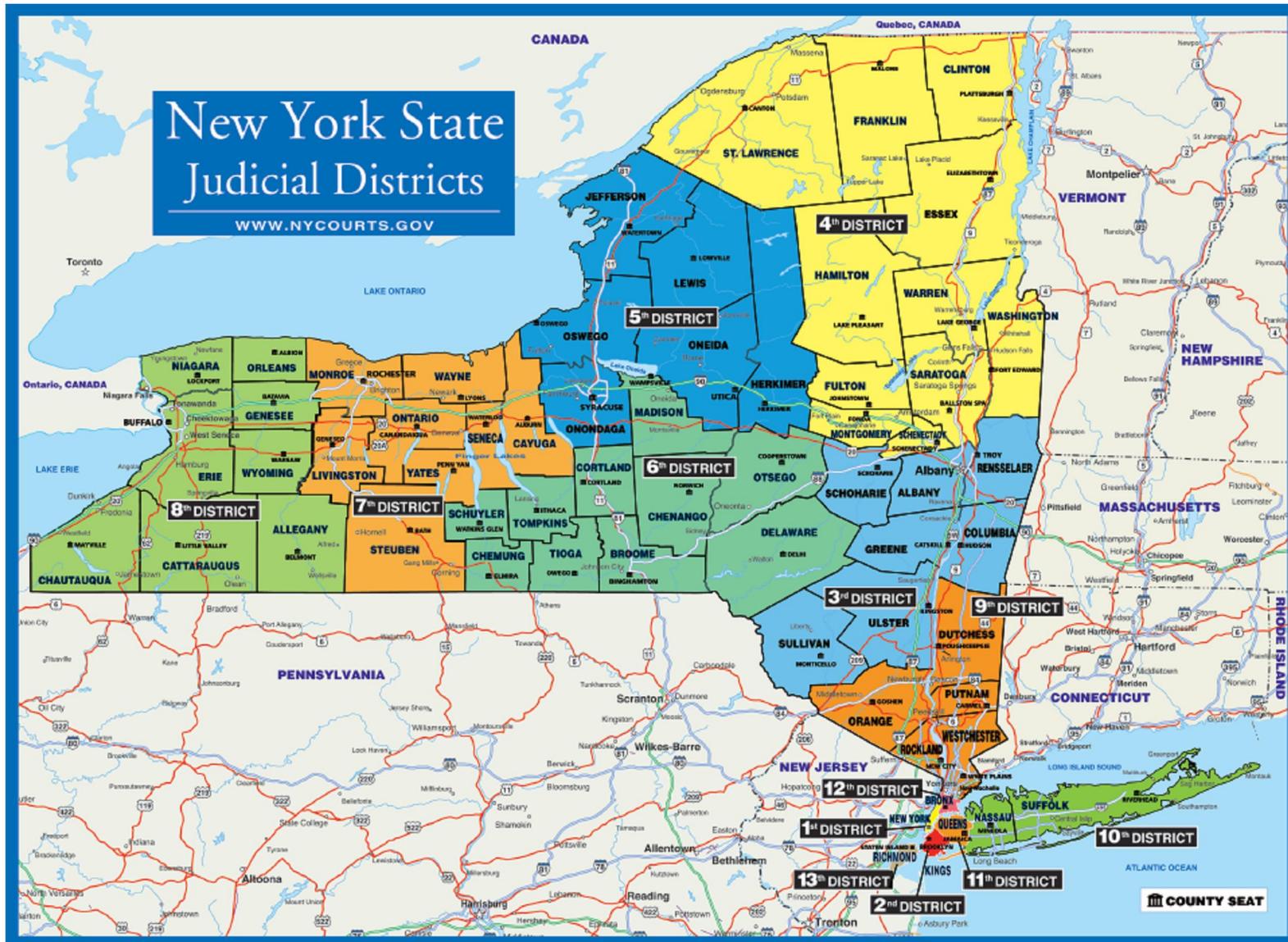
County Veterans Service Agencies provide an array of coordination and direct provision of services to veterans and their families in their counties of residence.

Veteran Employment Representatives address employment and training needs of veterans by providing job search, placement, and related assistance that lead to quality employment.

A list of NYS benefits for veterans is included on page 4.

Pro Bono legal service providers are attorneys or legal service organizations, including local bar associations, providing legal services free of charge to veterans. Organizations providing legal services for reduced fees also are designated.

Map of New York State Judicial Districts



1st Judicial District: New York County

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov

Outpatient Clinics				www.va.gov
Harlem Community Clinic	55 West 125 th Street 11 th Floor	New York, NY 10027	646-273-8125	----
Opiate Replacement Treatment Program (ORTP)	VA NY Harbor Healthcare System Manhattan Campus 437 West 16 th Street	New York, NY 10011	646-273-8100	----

VA Medical Center				
Manhattan Campus of the VA NY Harbor Healthcare System	423 East 23 rd Street	New York, NY 10010	212-686-7500	www.nyharbor.va.gov

Vet Centers				www.va.gov
Manhattan Vet Center	32 Broadway 2 nd Floor, Suite 200	New York, NY 10004	212-742-9591 or 877-927-8387	----
Harlem Vet Center	2279 Third Avenue 2 nd Floor	New York, NY 10035	212-426-2200 or 877-927-8387	----

Veteran Justice Outreach Coordinator				
Denise Lukowski	423 East 23 rd Street	New York, NY 10010	212-686-7500	denise.lukowski@va.gov

Regional Suicide Prevention Coordinator				
Dr. Joshua Hooberman	423 East 23 rd Street	New York, NY 10010	212-686-7500 Ext. 3766	joshua.hooberman@va.gov

Crisis Centers				
Covenant House	460 West 41 st Street	New York, NY 10036	212-613-0300 Jerome Kilbane	www.covenanthouse.org
LifeNet	----	----	800-543-3638	www.800Lifenet.org

New York State Division of Veterans' Affairs				
VA NY Harbor Healthcare Center	423 East 23 rd Street	New York, NY 10010	212-686-7500	www.nyharbor.va.gov
c/o VA Harlem Community Clinic	55 West 125 th Street 11 th Floor	New York, NY 10027	646-273-8125	www.va.gov

County Office of Veterans Services				
Mayor's Office of Veterans Affairs	346 Broadway	New York, NY 10013	212-442-4171 Terrance Holliday, Commissioner	www.nyc.gov/veterans

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor Lower Manhattan Workforce1 Career Center	1 Hudson Square 75 Varick Street	New York, NY 10013	212-775-3794 Paul Wolf 212-775-3362 Grace Kai	----
Department of Labor Upper Manhattan Workforce1 Career Center	215 West 125 th Street 6 th Floor	New York, NY 10027	917-493-7219 Desiree Flores	----

Pro Bono Legal Services				
New York City Bar Association <i>City Bar Justice Center</i>	42 West 44 th Street	New York, NY 10036	212-382-6678 Lynn Kelly, Director 212-382-4714 Carol Bockner, Director Veterans Assistance Program	www.nycbar.org
Legal Services NYC	90 John Street Suite 301	New York, NY 10038	646-442-3100	www.legalservicesnyc.org
	1 West 125 th Street 2 nd Floor	New York, NY 10027	212-348-7449	www.legalservicesnyc.org

Pro Bono Legal Services				
New York Legal Assistance Group <i>(serves NYC, Long Island and Westchester)</i>	7 Hanover Square 18th Floor	New York, NY 10004	212-613-5000 Randall Jeffrey, Director of General Legal Services Randy Retkin, Director of Legal Health	nylag.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign War, American Legion)

2nd Judicial District: Kings County

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov

Outpatient Clinics				www.va.gov
Chapel Street Veterans Healthcare Center	40 Flatbush Avenue Extension, 8 th Floor	Brooklyn, NY 11201	718-439-4300	----
Opiate Replacement Treatment Program (ORTP)	VA NY Harbor Healthcare Center, Brooklyn Campus 800 Poly Place	Brooklyn, NY 11209	718-836-6600 Ext. 3599 Danielle Grissom-Martin	----

VA Medical Center				
VA NY Harbor Healthcare Center, Brooklyn Campus	800 Poly Place	Brooklyn, NY 11209	718-836-6600	www.nyharbor.va.gov

Vet Center				
Brooklyn Vet Center	25 Chapel Street Suite 604	Brooklyn, NY 11201	718-630-2830 or 877-927-8387	www.va.gov

Veteran Justice Outreach Coordinator				
Denise Lukowski	423 East 23 rd Street	New York, NY 10010	212-686-7500	denise.lukowski@va.gov

Regional Suicide Prevention Coordinators				
Yvette Branson	800 Poly Place	Brooklyn, NY 11209	718-836-6600 Ext. 6807	yvette.branson@va.gov
Sarah Hopkins	800 Poly Place	Brooklyn, NY 11209	718-836-6600 Ext. 4588	sarah.hopkins2@va.gov

Crisis Centers (nearest locations)				
Covenant House	460 West 41 st Street	New York, NY 10036	212-613-0300 Jerome Kilbane	www.covenanthouse.org

Crisis Centers (nearest locations)				
LifeNet	----	----	800-543-3638	www.800Lifenet.org

New York State Division of Veterans' Affairs				
Brooklyn Vet Center	25 Chapel Street Suite 604	Brooklyn, NY 11201	718-630-2830	www.va.gov
Brooklyn VA Medical Center	800 Poly Place	Brooklyn, NY 11209	718-836-6600	www.nyharbor.va.gov
c/o Black Vets for Social Justice	665 Willoughby Avenue	Brooklyn, NY 11206	718-852-6004	www.bvsj.org

County Office of Veterans Services				
Mayor's Office of Veterans Affairs	346 Broadway	New York, NY 10013	212-442-4171 Terrance Holliday, Commissioner	www.nyc.gov/veterans

Veteran Employment Representative				
Department of Labor	250 Schermerhorn Street	Brooklyn, NY 11201	718-780-9445	www.labor.ny.gov

Pro Bono Legal Services				
New York City Bar Association <i>City Bar Justice Center</i>	42 West 44 th Street	New York, NY 10036	212-382-6678 Lynn Kelly, Director 212-382-4714 Carol Bockner, Director Veterans Assistance Program	www.nycbar.org
Brooklyn Bar Association <i>Provide services through the Brooklyn Bar Association Volunteer Lawyers Project</i>	123 Remsen Street 2 nd Floor	Brooklyn, NY 11201	718-624-3894	www.brooklynvlp.org

Pro Bono Legal Services				
Legal Services NYC	1360 Fulton Street Suite 301	Brooklyn, NY 11216	718-636-1155	www.legalservicesnyc.org
	105 Court Street 3 rd Floor	Brooklyn, NY 11201	718-237-5500	www.legalservicesnyc.org
New York Legal Assistance Group <i>(serves NYC, Long Island and Westchester)</i>	7 Hanover Square 18th Floor	New York, NY 10004	212-613-5000 Randall Jeffrey, Director of General Legal Services Randy Retkin, Director of Legal Health	nylag.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

3rd Judicial District: Albany, Columbia, Greene, Rensselaer, Schoharie, Sullivan and Ulster Counties

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov

Outpatient Clinics				
Monticello Community Clinic	55 Sturgis Road	Monticello, NY 12701	845-791-4936	www.2va.gov
Catskill VA Outpatient Clinic	Columbia Greene Medical Arts Building 159 Jefferson Heights Suite A102	Catskill, NY 12414	518-943-7515	www.albany.va.gov
Kingston VA Outpatient Clinic	63 Hurley Avenue	Kingston, NY 12401	845-331-8322	www.albany.va.gov
Troy VA Outpatient Clinic	295 River Street	Troy, NY 12180	518-274-7707	www.albany.va.gov

VA Medical Center				
Albany Stratton VA Medical Center	113 Holland Avenue	Albany, NY 12208	518-626-5000 or 800-223-4810	www.albany.va.gov

Vet Center				
Albany Vet Center	17 Computer Drive West	Albany, NY 12205	518-626-5130 or 877-927-8387	www.va.gov

Veteran Justice Outreach Coordinator				
Courtney Slade	113 Holland Avenue	Albany, NY 12208	518-626-5368	courtney.slade@va.gov

Regional Suicide Prevention Coordinator				
Joseph Hunter	113 Holland Avenue	Albany, NY 12208	518-626-5329	joseph.hunter3@va.gov

Crisis Center				
Family & Children's Service of the Capital Region: "Contact LIFELINE"	650 Warren Street	Albany, NY 12208	518-689-4673	www.fcscapitalregion.org

New York State Division of Veterans' Affairs				
c/o Albany VA Medical Center	113 Holland Avenue Room C323	Albany, NY 12208	518-626-5680	www.albany.va.gov
c/o Albany Vet Center	17 Computer Drive West	Albany, NY 12205	518-626-5130	www.va.gov
County Office Building	401 State Street	Hudson, NY 12534	518-828-9511	www.veterans.ny.gov
Columbia Greene Medical Arts Building	159 Jefferson Heights	Catskill, NY 12414	518-943-3703	www.albany.va.gov
County Office Building	1600 7 th Avenue	Troy, NY 12180	518-270-2761 Bruce Pentland	www.veterans.ny.gov
New York State Division of Veteran Affairs	308 Flatbush Avenue	Kingston, NY 12401	845-340-3197 Robert Tomaszewski	www.veterans.ny.gov
New York State Division of Veterans' Affairs Schoharie	284 Main Street	Schoharie, NY 12157	518-295-8360	www.veterans.ny.gov

County Office of Veterans Services				www.veterans.ny.gov
Albany County Veterans Service Agency	112 State Street 9 th Floor	Albany, NY 12207	518-447-5678 Jerry Stanislawsky, Director	----
Columbia County Veteran Service Agency	401 State Street	Hudson, NY 12534	518-828-3610 Gary Flaherty, Director	----
Greene County Veteran Service Agency	159 Jefferson Heights Suite A-104	Catskill, NY 12414	518-943-3703 Michelle Black, Director	----
Rensselaer County Veterans Service Agency	1600 7th Avenue	Troy, NY 12180	518-270-2760 Robert Reiter, Director	----

County Office of Veterans Services				www.veterans.ny.gov
Schoharie County Veterans Service Agency	113 Park Place Suite 5	Schoharie, NY 12157	518-295-2053	----
Sullivan County Veterans Service Agency	County Government Center 100 North Street	Monticello, NY 12701	845-807-0233 John Crotty, Director	----
Ulster County Veterans Service Agency	308 Flatbush Avenue	Kingston, NY 12401	845-340-3190 Steven J. Masee, Director	----

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	200 North 2 nd Street	Fulton, NY 13069	315-591-9306 Karl Price	----
Department of Labor	50 North Street	Monticello, NY 12701	845-794-3340	----
Department of Labor	Ulster County One-Stop Center 651 Development Court	Kingston, NY 12401	845-338-4696 Ext. 3006 Lisa Padilla-Gil	----
Greene County Veteran's Service Agency	159 Jefferson Heights Suite A-104	Catskill, NY 12414	518-943-3703 Frank Julian	----
Department of Labor	175 Central Avenue	Albany, NY 12206	518-462-7600 Ext. 108 Charles Burkes 518-462-7600 Ext. 110 Frank Julian 518-462-7600 Ext. 106 James Frezzell	----
Department of Labor	Rensselaer County One-Stop 1600 7th Avenue 4th Floor	Troy, NY 12180	518-270-2986 John Malasky	----
Department of Labor	4400 Route 23 Room 709	Hudson, NY 12534	518-828-4654 Ext. 204 Frank Julian	----

Pro Bono Legal Services				
Albany County Bar Association <i>Wills for Heroes</i> program in conjunction with Legal Aid	1 Lodge Street 2 nd Floor	Albany, NY 12207	518-445-7691 Ext. 13 Eileen Guinan, Pro Bono Coordinator	www.albanycountybar.com
Albany Law School Veterans' Rights Pro Bono Project	80 New Scotland Avenue	Albany, NY 12208	518-445-3376 Alicia Ouellette, Associate Dean of Student Affairs aouel@albanylaw.edu Benjamin Pomerance bpome@alblanylaw.edu	probono@nysba.org
Legal Aid Society of Northeastern New York	55 Colvin Avenue	Albany, NY 12206	518-689-6334 or 6322	www.lasny.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

4th Judicial District: Clinton, Essex, Franklin, Fulton, Hamilton, Montgomery, Saratoga, Schenectady, St. Lawrence, Warren and Washington Counties

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov

Outpatient Clinics				www.albany.va.gov
Fonda VA Outpatient Clinic	Camp Mohawk Plaza 2623 State Highway 30A	Fonda, NY 12068	518-853-1247	----
Clifton Park VA Outpatient Clinic	1673 Route 9 #7	Clifton Park, NY 12065	518-383-8506	----
Glens Falls VA Outpatient Clinic	84 Broad Street #5	Glens Falls, NY 12801	518-798-6066	----
Elizabethtown VA Outpatient Clinic	7426 NYS Route 9N	Westport, NY 12993	518-626-5236	----
Plattsburgh VA Outpatient Clinic	80 Sharron Avenue	Plattsburgh, NY 12901	518-561-6247	----
Malone VA Outpatient Clinic	3372 State Route 11 Main Street	Malone, NY 12953	518-483-1529	----
Massena VA Outpatient Clinic	Massena Memorial Hospital 1 Hospital Drive	Massena, NY 13662	315-769-4253	----
Schenectady VA Outpatient Clinic	1322 Gerling Street Sheridan Plaza	Schenectady, NY 12308	518-346-3334	----

VA Medical Centers (nearest locations)				
Albany Stratton VA Medical Center	113 Holland Avenue	Albany, NY 12208	518-626-5000 800-223-4810	www.albany.va.gov
Syracuse VA Medical Center	800 Irving Avenue	Syracuse, NY 13210	315-425-4400 800-792-4334	www.syracuse.va.gov

Vet Centers (nearest locations)				www.va.gov
Albany Vet Center	17 Computer Drive West	Albany, NY 12205	518-626-5130 or 877-927-8387	----
Syracuse Vet Center	109 Pine Street	Syracuse, NY 13210	315-478-7127	----
Watertown Vet Center	210 Court Street Suite 20	Watertown, NY 13601	315-782-5479	----

Veteran Justice Outreach Coordinators				
Kynna Murphy-Collins	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400 Ext. 51016	kynna.murphy-collins@va.gov
Courtney Slade	113 Holland Avenue	Albany, NY 12208	518-626-5368	courtney.slade@va.gov

Regional Suicide Prevention Coordinators				
Joseph Hunter	113 Holland Avenue	Albany, NY 12208	518-626-5329	joseph.hunter3@va.gov
David Kornbluth	620 Erie Boulevard West	Syracuse, NY 13204	315-425-6580	david.kornbluth@va.gov
Sabah Altheblah	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400 Ext. 53928	sabah.altheblah@va.gov

Crisis Centers (nearest locations)				
Family & Children's Service of the Capital Region: "Contact LIFELINE"	650 Warren Street	Albany, NY 12208	518-689-4673	www.fcscapitalregion.org
Contact Community Services	6520 Basile Rowe	East Syracuse, NY 13057	315-251-1400	www.contactsyracuse.org

New York State Division of Veterans' Affairs				www.veterans.ny.gov
New York State Division of Veterans' Affairs	137 Margaret Street Suite 106	Plattsburgh, NY 12901	518-565-4720 Steven Bowman	----
New York State Division of Veterans' Affairs Essex	7551 Court Street	Elizabethtown, NY 12932	518-873-3488 Timothy Pierce	----
c/o Alice Hyde Medical Center	133 Park Street	Malone, NY 12953	518-483-5921 Tracie Reece	----

New York State Division of Veterans' Affairs				www.veterans.ny.gov
Franklin Veterans Counseling Center	Harrietstown Town Hall 39 Main Street	Saranac Lake, NY 12983	518-891-1572 Timothy Pierce	----
Paul Smith's College	Phelps Smith Administration Building Room 009	Paul Smiths, NY 12970	518-327-6214 Timothy Pierce	----
New York State Division of Veterans' Affairs	19 North William Street	Johnstown, NY 12095	518-736-5650 Chris Bouck	----
New York State Division of Veterans' Affairs St. Lawrence	616 Rensselaer Avenue Room 101	Ogdensburg, NY 13669	315-393-0580	----
New York State Division of Veterans Affairs	Massena Town Hall 60 Main Street 2 nd Floor Room 27	Massena, NY 13662	315-705-2120	----
New York State Division of Veterans' Affairs Saratoga Springs	c/o Empire State College, Room 101 1 Union Avenue	Saratoga Springs, NY 12866	518-581-5338	----
New York State Division of Veterans' Affairs Schenectady	797 Broadway Room 317	Schenectady, NY 12305	518-377-2738	----
New York State Division of Veterans' Affairs Warren	County Municipal Center 1340 State Route 9	Lake George, NY 12845	518-761-6343 Harry Candee	----
New York State Division of Veterans' Affairs	Adirondack Community College, 110 Washington, 640 Bay Road	Queensbury, NY 12804	518-832-7744, Harry Candee	----

County Office of Veterans Services				www.veterans.ny.gov
Clinton County Veterans Service Agency	Clinton County Government Center Building 137 Margaret Street Suite 4A	Plattsburgh, NY 12901	518-565-4720 Steve Bowman, Director	----

County Office of Veterans Services				www.veterans.ny.gov
Franklin County Veterans Service Agency	355 West Main Street Suite 438	Malone, NY 12953	518-481-1538 Bonnie Stewart	----
Fulton County Veterans Service Agency	57 East Fulton Street	Gloversville, NY 12078	518-736-5650 Frank Ruggiero, Director	----
Hamilton County Veterans Service Agency	County Office Building 102 County View Drive	Lake Pleasant, NY 12108	518-548-6651 Frank Ruggiero, Director	----
Hamilton County Veterans Service Agency	Town Hall	Indian Lake, NY 12842	518-648-5211 Frank Ruggiero, Director	----
St. Lawrence County Veterans Service Agency	80 State Highway 310 Suite 5	Canton, NY 13617	315-386-4754 Michael Boprey, Director	----
Montgomery County Veterans Service Agency	20 Park Street	Fonda, NY 12068	518-853-8152	----
Saratoga County Veterans Service Agency	152 West High Street	Ballston Spa, NY 12020	518-884-4115 Andrew Davis, Director	----
Schenectady County Veterans Service Agency	797 Broadway Room 320/321	Schenectady, NY 12305	518-377-2738 William Frank, Director	----
Warren County Veterans Service Agency	County Municipal Center Annex 1340 State Route 9	Lake George, NY 12845	518-761-6342 Denise DiResta, Director	----
Washington County Veterans Service Agency	Municipal Center 383 Broadway	Ft. Edward, NY 12828	518-746-2470 Samuel Hall, Director	----

Veteran Employment Representatives				www.labor.ny.gov
Schenectady County One-Stop Employment and Training Center	797 Broadway	Schenectady, NY 12305	518-344-2722	----
Department of Labor Amsterdam Workforce Solution Center	2630 Riverfront Center	Amsterdam, NY 12010	518-842-2240 Ext. 3058 Ralph Grugnale	----
Saratoga County Employment & Training	152 West High Street Room B204, 2nd Floor	Ballston Spa, NY 12020	518-884-4145 Danny Perkins	----
Department of Labor	820 State Route 9 Northway Plaza	Queensbury, NY 12804	518-743-0925	----
One Work Source Malone One-Stop	158 Finney Boulevard	Malone, NY 12953	518-481-5755	----
Essex County One-Stop	103 Hand Avenue Suite 1	Elizabethtown, NY 12932	518-873-2341	----
St. Lawrence One Stop Career Center	80 State Highway 310 Suite 8	Canton, NY 13617	315-386-3276	----
Department of Labor	35 Glenn Street	Massena, NY 13662	315-769-3596 Ext. 106 Warren Chase	----
Department of Labor	194 U.S. Oval	Plattsburgh, NY 12903	518-561-0430 Ext. 3081 John Hetfield	----

Pro Bono Legal Services				
Saratoga County Bar Association	16 Warren Street	Saratoga Springs, NY 12866	518-238-4339 Matthew L. Chivers, Esq.	mchivers@nycourts.gov

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

5th Judicial District: Herkimer, Jefferson, Lewis, Oneida, Onondaga and Oswego Counties

Veterans Benefits Administration Regional Office				
Buffalo Regional Office	130 South Elmwood Avenue	Buffalo, NY 14202	800-827-1000	www.vba.va.gov

Outpatient Clinics				www.syracuse.va.gov
Syracuse VA Behavioral Health Facility	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400 Ext. 53279	----
Watertown VA Outpatient Clinic	C.A.N.I. Building 19472 Washington Street US Route 11	Watertown, NY 13601	315-221-7026	----
Rome VA Outpatient Clinic	Donald J. Mitchell Building 125 Brookley Road Building 510	Rome, NY 13441	315-334-7100	----
Oswego VA Outpatient Clinic	437 State Route 104 East	Oswego, NY 13126	315-207-0120	----
Syracuse VA Community Care Center	1031 East Fayette Street	Syracuse, NY 13210	315-425-4405	----

VA Medical Center				
Syracuse VA Medical Center	800 Irving Avenue	Syracuse, NY 13210	315-425-4400 800-792-4334	www.syracuse.va.gov

Vet Centers				www.va.gov
Syracuse Vet Center	109 Pine Street	Syracuse, NY 13210	315-478-7127	----
Watertown Vet Center	210 Court Street Suite 20	Watertown, NY 13601	315-782-5479	----

Veteran Justice Outreach Coordinator				
Kynna Murphy-Collins	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400	kynna.murphy-collins@va.gov

Regional Suicide Prevention Coordinators				
David Kornbluth	620 Erie Boulevard West	Syracuse, NY 13204	315-425-6580	david.kornbluth@va.gov
Sabah Altheblah	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400 Ext. 53928	sabah.altheblah@va.gov

Crisis Center				
Contact Community Services	6520 Basile Rowe	East Syracuse, NY 13057	315-251-1400	www.contactsyracuse.org

New York State Division of Veterans' Affairs				www.veterans.ny.gov
New York State Division of Veterans' Affairs	109 Mary Street Suite 1103	Herkimer, NY 13350	315-867-1663	----
Soldier Family Assistance Center	Clark Hall Building. P Room B40 10720 Mt. Belvedere Boulevard	Fort Drum, NY 13602	315-773-0196	----
New York State Division of Veterans' Affairs	Dulles State Office Building 317 Washington Street Room 208	Watertown, NY 13601	315-785-2468	----
c/o Watertown Vet Center	210 Court Street	Watertown, NY 13601	315-782-5479	----
New York State Division of Veterans' Affairs	Oneida County Office Building 800 Park Avenue	Utica, NY 13501	315-798-5828	----
New York State Division of Veterans' Affairs Syracuse	333 East Washington Street, Room 430	Syracuse, NY 13202	315-428-4046	----
c/o Syracuse Vet	109 Pine Street	Syracuse, NY 13210	315-393-0580	----

New York State Division of Veterans' Affairs				www.veterans.ny.gov
Center				
c/o Syracuse VAMC	Room A176B 800 Irving Avenue	Syracuse, NY 13202	315-425-4400 Ext. 53871	----
New York State Division of Veterans' Affairs Oswego	County Office Complex 70 Bunner Street	Oswego, NY 13126	315-343-0394	----

County Office of Veterans Services				www.veterans.ny.gov
Herkimer County Veterans Service Agency	109 Mary Street Suite 1103	Herkimer, NY 13350	315-867-1127 Charles Miller, Director	----
Jefferson County Veterans Service Agency	175 Arsenal Street 2 nd Floor	Watertown, NY 13601	315-785-3086 Peter Fazio, Director	----
Lewis County Veterans Service Agency	Court House 7660 North State Street	Lowville, NY 13367	315-376-5316 Derek Davey, Director	----
Oneida County Veterans Service Agency	Oneida County Office Building 800 Park Avenue	Utica, NY 13501	315-798-5830 Joe Perrone, Director	----
Oneida County Veterans Service Agency	125 Brookley Road	Rome, NY 13441	315-336-4270	----
Onondaga County Veterans Service Agency	1300 Civic Center	Syracuse, NY 13202	315-435-3217 or 3219 Robert McLean, Director	----
Oswego County Veterans Service Agency	200 North 2nd Street	Fulton, NY 13069	315-591-9100 Donna Kestner, Director	----

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	The WorkPlace 1000 Coffeen Street	Watertown, NY 13601	315-782-9252 or 315-786-3674	----
Herkimer Working Solutions One-Stop Center	320 North Prospect Street	Herkimer, NY 13350	315-867-1400 Salvatore Baggetta	----
Utica Working Solutions One-Stop Center	207 Genesee Street	Utica, NY 13501	315-793-5304 Patricia Cloutier	----
Department of Labor	Oneida Working Solutions 1006 Oneida Plaza Drive	Oneida, NY 13421	315-363-2400	----
Rome Working Solutions	300 West Dominick Street Suite 1	Rome, NY 13441	315-339-0046	----
Oswego County Workforce	200 North Second Street	Fulton, NY 13069	315-591-9000	----
Department of Labor	443 North Franklin Lower Level	Syracuse, NY 13204	315-477-6908 William Burns 315-477-6919 Matthew Sheehan	----
Vocational Rehabilitation Services	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400	----

Pro Bono Legal Services				
Fort Drum Legal Assistance Office	Clark Hall Building P. Room A2-68 10720 Mt. Belvedere Boulevard	Fort Drum, NY 13602	<i>For appointment call: 315-772-7545 after 1:00pm Monday through Friday</i>	----
Onondaga County Bar Association Lawyer Referral Service	109 South Warren Street #1000	Syracuse, NY 13202	315-471-2690	www.onbar.org
Volunteer Lawyer Project	109 South Warren Street #1000	Syracuse, NY 13202	315-471-3409	www.onbar.org
Syracuse Vet Center- Pro Bono Legal Clinic	109 Pine Street	Syracuse, NY 13210	<i>For appointment call: 315-478-7127</i>	cnyvets.org

Mental Health Services (Trauma, mental illness, Post Traumatic Stress Disorder)

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

6th Judicial District: Broome, Chemung, Chenango, Cortland, Delaware, Madison, Otsego, Schuyler, Tioga and Tompkins Counties

Veterans Benefits Administration Regional Office				
Buffalo Regional Office	130 South Elmwood Avenue	Buffalo, NY 14202	800-827-1000	www.vba.va.gov

Outpatient Clinics				
Tompkins/Cortland County VA Outpatient Clinic	1451 Dryden Road	Freeville, NY 13068	607-347-4101	www.syracuse.va.gov
Binghamton VA Outpatient Clinic	Garvin Building 425 Robinson Street	Binghamton, NY 13901	607-772-9100	www.syracuse.va.gov
Elmira VA Outpatient Clinic	Health Services Building Suite 2E 200 Madison Avenue	Elmira, NY 14901	877-845-3247 Ext. 44640	www.bath.va.gov
Bainbridge VA Outpatient Clinic	109 North Main Street	Bainbridge, NY 13733	607-967-8590	www.albany.va.gov

VA Medical Centers (nearest locations)				
Syracuse VA Medical Center	800 Irving Avenue	Syracuse, NY 13210	315-425-4400 800-792-4334	www.syracuse.va.gov
Albany Stratton VA Medical Center	113 Holland Avenue	Albany, NY 12208	518-626-5000 or 800-223-4810	www.albany.va.gov
Rochester Vet Center	2000 South Winton Road Building 5, Suite 201	Rochester, NY 14618	585-232-5040 or 877-927-8387	www2.va.gov

Vet Center				
Binghamton Vet Center	53 Chenango Street	Binghamton, NY 13901	607-722-2393	www.va.gov

Veteran Justice Outreach Coordinators				
Kynna Murphy-Collins	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400	kynna.murphy-collins@va.gov
Ann Smith-Howles	76 Veterans Avenue	Bath, NY 14810	607-664-4372	ann.smith-howles@va.gov

Regional Suicide Prevention Coordinators				
David Kornbluth	620 Erie Boulevard West	Syracuse, NY 13204	315-425-6580	david.kornbluth@va.gov
Sabah Altheblah	620 Erie Boulevard West	Syracuse, NY 13204	315-425-4400 Ext. 53928	sabah.altheblah@va.gov
Karen Aikman	76 Veterans Avenue	Bath, NY 14810	607-664-4366	karen.aikman@va.gov

Crisis Center				
Suicide Prevention and Crisis Service of Tompkins County	124 East Court Street	Ithaca, NY 14850	607-272-1616	www.suicidepreventionandcrisiservice.org

New York State Division of Veterans' Affairs				www.veterans.ny.gov
New York State Division of Veterans' Affairs	County Office Building 44 Hawley Street	Binghamton, NY 13902	607-724-1299	----
c/o Binghamton Vet Center	53 Chenango Street	Binghamton, NY 13901	607-722-2393	----
New York State Division of Veterans' Affairs	425 Pennsylvania Avenue	Elmira, NY 14902	607-733-2178	----
New York State Division of Veterans' Affairs	4334 County Route 32, Suite 2	Oxford, NY 13830	607-843-3299	----
New York State Division of Veterans' Affairs	21 Liberty Street	Sidney, NY 13838	607-563-2002	----
New York State Division of Veterans' Affairs	242 Main Street	Oneonta, NY 13820	607-432-4190	----
New York State Division Veterans' Affairs Tompkins	423 West State Street	Ithaca, NY 14850	607-272-1084	----

County Office of Veterans Services				www.veterans.ny.gov
Broome County Veterans Service Agency	County Office Building 44 Hawley Street	Binghamton, NY 13902	607-778-2147 Brian J. Vojtisek, Director	----
Delaware County Veterans Service Agency	1 Gallant Avenue Highway Annex Suite A	Delhi, NY 13753	607-746-2334 John Boecke, Director	----
Chemung County Veterans Service Agency	425 Pennsylvania Avenue	Elmira, NY 14902	607-737-5445 Robert Bly, Director	----
Chenango County Veterans Service Agency	346 State Highway 320	Norwich, NY 13815	607-336-6807 Joseph Coe, Director	----
Cortland County Veterans Service Agency	60 Central Avenue	Cortland, NY 13045	607-753-5014 or 5015 Carl Bullock, Director	----
Madison County Veterans Service Agency	County Office Building 138 North Court Street	Wampsville, NY 13163	315-366-2395 Donald Smith, Director	----
Otsego County Veterans Service Agency	197 Main Street	Cooperstown, NY 13326	607-547-4224	----
Schuyler County Veterans Service Agency	Human Services Complex Unit #2 323 Owego Street	Montour Falls, NY 14865	607-535-2091 Joan Scott, Director	----
Tioga County Veterans Service Agency	56 Main Street	Owego, NY 13827	607-687-8228 Sandra Junker, Director	----

Veteran Employment Representatives				www.labor.ny.gov
CDO Workforce	12 Dietz Street	Oneonta, NY 13820	607-432-4800 Ext. 105	----
Utica Working Solutions One-Stop Career Center	207 Genesee Street Suite 202	Utica, NY 13501	315-793-5304	----
Oneida Working Solutions	1006 Oneida Plaza Drive	Oneida, NY 13421	315-363-2400	----

Veteran Employment Representatives				www.labor.ny.gov
Rome Working Solutions	300 West Dominick Street, Suite 1	Rome, NY 13441	315-339-0046	----
Department of Labor	1 O'Hara Drive	Norwich, NY 13815	607-334-2201 Ext. 113 Paul Russo	----
Department of Labor	Broome Employment Center 171 Front Street	Binghamton, NY 13905	607-778-2218 William Fowler	----
Cortland Works Career Center	99 Main Street	Cortland, NY 13045	607-756-7585 Matthew Brennan	----
Department of Labor	318 Madison Avenue	Elmira, NY 14901	607-733-7131 Ext. 2113 James Crease	----
Tompkins Career Center	171 East State Street	Ithaca, NY 14850	607-272-7570 Ext. 116	----

Pro Bono Legal Services				
Broome County Bar Association	53 Chenango Street Suite 201	Binghamton, NY 13901	607-723-6331	<i>Walk-ins between 2-5pm</i>

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

7th Judicial District: Cayuga, Livingston, Monroe, Ontario, Seneca, Steuben, Wayne and Yates Counties

Veterans Benefits Administration Regional Office				
Buffalo Regional Office	130 South Elmwood Avenue	Buffalo, NY 14202	800-827-1000	www.vba.va.gov

Outpatient Clinics				
Auburn VA Outpatient Clinic	17 Lansing Street	Auburn, NY 13021	315-255-7002	www.syracuse.va.gov
Rochester VA Outpatient Clinic	465 Westfall Road	Rochester, NY 14620	585-463-2600	www.canandaigua.va.gov

VA Medical Centers				
Bath VA Medical Center	76 Veterans Avenue	Bath, NY 14810	607-664-4000 877-845-3247	www.bath.va.gov
Canandaigua VA Medical Center	400 Fort Hill Avenue	Canandaigua, NY 14424	585-394-2000 800-204-9917	www.canandaigua.va.gov

Vet Center				
Rochester Vet Center	2000 South Winton Road Building 5, Suite 201	Rochester, NY 14618	585-232-5040 or 877-927-8387	www2.va.gov

Veteran Justice Outreach Coordinators				
Ann Smith-Howles	76 Veterans Avenue	Bath, NY 14810	607-664-4372	ann.smith-howles@va.gov
Vincent Schillaci	400 Fort Hill Avenue	Canandaigua, NY 14424	585-208-2108	vincent.schillaci@va.gov
John Lahood	3495 Bailey Avenue	Buffalo, NY 14215	716-881-5855	john.lahood@va.gov

Regional Suicide Prevention Coordinators				
Karen Aikman	76 Veterans Avenue	Bath, NY 14810	607-664-4366	karen.aikman@va.gov
Sarah Levis	400 Fort Hill Avenue	Canandaigua, NY 14424	585-393-8095	sarah.levis@va.gov

Crisis Center				
2-1-1/LIFE LINE - A Program of ABVI- Goodwill	422 South Clinton Avenue	Rochester, NY 14620	585-758-1118	www.211fingerlakes.org

New York State Division of Veterans' Affairs				
c/o Cayuga County Veterans Service Agency	95 Genesee Street 3rd Floor	Auburn, NY 13021	315-253-1282	www.veterans.ny.gov
New York State Division of Veterans' Affairs-Monroe County	Veterans Resource Center 447 South Avenue	Rochester, NY 14620	585-546-4510	www.veterans.ny.gov
c/o Canandaigua VA Medical Center	400 Fort Hill Avenue Building #7 Room 16c	Canandaigua, NY 14424	585-393-7752	www.canandaigua.va.gov
New York State Division of Veterans' Affairs	Bath VA Medical Center 76 Veterans Avenue Building 38	Bath, NY 14810	607-776-7455	www.veterans.ny.gov

County Office of Veterans Services				www.veterans.ny.gov
Cayuga County Veterans Service Agency	95 Genesee Street 3rd Floor	Auburn, NY 13021	315-253-1281 Larry Wilt, Director	----
Livingston County Veterans Service Agency	2 Murray Hill Drive Room #321	Mt. Morris, NY 14510	585-243-7960 Frank Hollister, Director	----
Monroe County Veterans Service Agency	125 Westfall Road	Rochester, NY 14620	585-753-6040 Marlene Roll, Director	----
Ontario County Veterans Service Agency	3010 County Complex Drive	Canandaigua, NY 14424	585-396-4185 Colleen Baumann, Director	----
Seneca County Veterans Service Agency	1 DiPronio Drive	Waterloo, NY 13165	315-539-1798	----

County Office of Veterans Services				www.veterans.ny.gov
Steuben County Veterans Service Agency	3 East Pulteney Square	Bath, NY 14810	607-664-2528 Daniel McRae, Director	----
Wayne County Veterans Service Agency	7376 Route 31 Suite 1300	Lyons, NY 14489	315-946-5993 Charles Furgeson, Director	----
Yates County Veterans Service Agency	417 Liberty Street Suite 1112	Penn Yan, NY 14527	315-536-5196 P. Earle Gleason, Director	----

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	Cayuga Works Career Center 199 Franklin Street Suite 204	Auburn, NY 13021	315-255-4908 Matthew Brennan	----
Finger Lakes Works Career Center	1519 Nye Road	Lyons, NY 14489	315-946-7270	----
Department of Labor	Finger Lakes Works-Geneva 70 Elizabeth Blackwell Street	Geneva, NY 14456	315-789-1771 Ext. 115 William Dodge	----
Department of Labor	Hornell Career Center 107 Broadway	Hornell, NY 14843	607-324-8388 Dennis V Stachowski	----
CSS Workforce New York	20 Denison Parkway West, Suite 102	Corning, NY 14830	607-937-8337	----
Livingston County Office of Workforce Development	6 Court Street Room 105	Geneseo, NY 14454	585-243-7047	----
Department of Labor	276 Waring Road	Rochester, NY 14609	585-266-7760 Ext. 224 Greig Parker 585-266-7760 Ext. 226 Kevin Melia	----

Pro Bono Legal Services				
Livingston County Bar Association	P.O. Box 30A	Lima, NY 14485	585-624-5030 Andrew F.Emborsky, Esq. Kruk & Campbell, PC andrew@krukand campbell.com	www.livingstonbar.org
The Legal Aid Society of Rochester, NY <i>Provides Pro Bono Legal Services in the areas of Housing, Family Law, Consumer Law, and Immigration for the 7th and 8th Judicial Districts.</i>	1 West Main Street Suite 800	Rochester, NY 14610	Alan S. Harris, President & CEO 585- 232-4090	www.lasroc.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation and Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

8th Judicial District: Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties

Veterans Benefits Administration Regional Office				
Buffalo Regional Office	130 South Elmwood Avenue	Buffalo, NY 14202	800-827-1000	www.vba.va.gov

Outpatient Clinics				
Warsaw Community Based Outpatient Clinic	Wyoming County Community Hospital 400 North Main Street	Warsaw, NY 14569	585-786-8940 Ext. 4960	www2.va.gov
Wellsville VA Outpatient Clinic	3458 Riverside Drive Route 19	Wellsville, NY 14895	607-664-4660 or 877-845-3247	www.bath.va.gov
Jamestown VA Outpatient Clinic	608 West 3rd Street	Jamestown, NY 14701	716-338-1511	www.buffalo.va.gov
Dunkirk VA Outpatient Clinic	166 East 4th Street	Dunkirk, NY 14048	716-203-6474	www.buffalo.va.gov
Niagara Falls VA Outpatient Clinic	2201 Pine Avenue	Niagara Falls, NY 14301	800-223-4810 Ext. 65295	www.buffalo.va.gov
Lockport VA Outpatient Clinic	5883 Snyder Drive	Lockport, NY 14094	716-438-3890	www.buffalo.va.gov
Lackawanna VA Outpatient Clinic	OLV Family Care Center 227 Ridge Road	Lackawanna, NY 14218	716-822-5944	www.buffalo.va.gov
Olean VA Outpatient Clinic	465 North Union Street	Olean, NY 14760	716-373-7709	www.buffalo.va.gov

VA Medical Centers				www.buffalo.va.gov
VA Western NY Healthcare System at Batavia	222 Richmond Avenue	Batavia, NY 14020	585-297-1000	----
VA Western NY Healthcare System at Buffalo	3495 Bailey Avenue	Buffalo, NY 14215	716-834-9200 or 800-532-8387	----

Vet Center				
Buffalo Vet Center	2372 Sweet Home Road Suite 1	Buffalo, NY 14228	716-862-7350 or 877-927-8387	www.va.gov

Veteran Justice Outreach Coordinator				
John Lahood	3495 Bailey Avenue	Buffalo, NY 14215	716-881-5855	john.lahood@va.gov

Regional Suicide Prevention Coordinator				
Joan Chipps	3495 Bailey Avenue	Buffalo, NY 14215	716-862-3123	joan.chipps@va.gov

Crisis Center				
Crisis Services	2969 Main Street	Buffalo, NY	716-834-3131	www.crisisservices.org

New York State Division of Veterans' Affairs				
c/o VAMC Outpatient Clinic	465 North Union Street	Olean, NY 14760	716-372-2313	www.va.gov
c/o Wellsville Public Library	155 Main Street	Wellsville, NY 14895	607-776-7455 James Hough	www.veterans.ny.gov
c/o VA CBOC	608 West 3 rd Street	Jamestown, NY 14701	716-338-1529	www.veterans.ny.gov
c/o Dunkirk CBOC	166 East 4 th Street	Dunkirk, NY 14048	716-203-6474	www.buffalo.va.gov
c/o VA Medical Center	3495 Bailey Avenue	Buffalo, NY 14215	716-862-8902	www.buffalo.va.gov
New York State Division of Veterans' Affairs	5583 Main Street	Williamsville, NY 14221	716-632-4190	www.veterans.ny.gov
c/o Buffalo Vet Center	2372 Sweet Home Road	Amherst, NY 14228	716-862-7350	www.va.gov
New York State Division of Veterans' Affairs	L.K. Painter Community Center 2355 Main Street	Collins, NY 14034	716-532-0674 Ronald J. Eckstrom	www.veterans.ny.gov
New York State Division of Veterans' Affairs	Evans Town Hall 8787 Erie Road	Angola, NY 14006	716-532-0674 Ronald J. Eckstrom	www.veterans.ny.gov
New York State Division of Veterans' Affairs	Hamburg Town Hall 6100 South Park Avenue	Hamburg, NY 14075	716-649-6111	www.veterans.ny.gov

New York State Division of Veterans' Affairs				
c/o Batavia Women's Residential Program VAMC	222 Richmond Avenue Room B-55	Batavia, NY 14020	585-297-1200	www.veterans.ny.gov
Batavia Vet Home	220 Richmond Avenue	Batavia, NY 14020	585-345-2090	www.veterans.ny.gov
Batavia VA Medical Center	222 Richmond Avenue	Batavia, NY 14020	585-297-1000 Ext. 72917	www.veterans.ny.gov
c/o Niagara Falls CBOC	2201 Pine Avenue	Niagara Falls, NY 14301	800-223-4810 Ext. 65295	www.buffalo.va.gov

County Office of Veterans Services				www.veterans.ny.gov
Allegany County Veterans Service Agency	6085 State Route 19 North	Belmont, NY 14813	585-268-9387	----
Cattaraugus County Veterans Service Agency	County Office Building 1 Leo Moss Drive	Olean, NY 14760	716-373-8010 Ext. 3298	----
Chautauqua County Veterans Service Agency	610 West Third Street	Jamestown, NY 14701	716-661-8255 Troy Smith, Director	----
Erie County Veterans Service Agency	95 Franklin Street Suite 800	Buffalo, NY 14202	716-858-6363	----
Genesee County Veterans Service Agency	5130 East Main Street	Batavia, NY 14020	585-344-2580	----
Niagara County Veterans Service Agency	111 Main Street Suite 200	Lockport, NY 14094	716-438-4090 Dale Schnackel, Director	----
Orleans County Veterans Service Agency	13996 Route 31	Albion, NY 14411	585-589-3219 Paul Fulcomer, Director	----
Wyoming County Veterans Service Agency	26 Linwood Avenue Suite 2	Warsaw, NY 14569	585-786-8860 Gary Cousins, Director	----

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	407 Central Avenue	Dunkirk, NY 14048	716-366-9015 Ext. 1235 Victoria America	----
Department of Labor	175 North Union Street Suite 4	Olean, NY 14760	716-373-1880 Ext. 257 Dixie Grabow	----
Department of Labor	284 Main Street	Buffalo, NY 14202	716-851-2691, Andrew Zalikowski 716-851-2635, Michael Livi	----
Department of Labor	1001 11th Street Suite E Room 1014	Niagara Falls, NY 14301	716-278-8270 Nina Cabrera	----
Department of Labor	448 North Main Street	Warsaw, NY 14569	585-786-3145	----
Department of Labor	Orleans Center for Workforce Development 458 West Avenue	Albion, NY 14411	585-589-5335 Ext. 123 Stephen Bragg	----
Department of Labor	Genesee County Career Center 587 East Main Street Suite 100	Batavia, NY 14020	585-344-2042 Ext. 211 Robert Gerke	----
Department of Labor	4175 Transit Town Plaza	Williamsville, NY 14221	716-634-9081 Ext. 250 Edward Dudek 716-634-9081 Ext. 272 Donald Miller 716-634-9081 Ext. 256 Matejka Dale	----

Pro Bono Legal Services				
The Legal Aid Society of Rochester, NY <i>Provides Pro Bono Legal Services in the areas of Housing, Family Law, Consumer Law, and Immigration</i>	1 West Main St. Suite 800	Rochester, NY 14610	Alan S. Harris, President & CEO 585-232-4090	www.lasroc.org

Pro Bono Legal Services				
<i>for the 7th and 8th Judicial Districts.</i>				
The Legal Aid Bureau of Buffalo, Inc. <i>Provides free civil legal services for low-income veterans. Veterans should identify themselves as such to ensure they are directed to the appropriate staff members for possible representation.</i>	237 Main Street Suite 1602	Buffalo, NY 14203	716-853-9555	www.legalaidbuffalo.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury , Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

9th Judicial District: Dutchess, Orange, Putnam, Rockland and Westchester Counties

Veterans Benefits Administration Regional Office				
Buffalo Regional Office	130 South Elmwood Avenue	Buffalo, NY 14202	800-827-1000	www.vba.va.gov

Outpatient Clinics				www.va.gov
Poughkeepsie Community Clinic	488 Freedom Plains Road Suite 120	Poughkeepsie, NY 12603	845-452-6233	----
Carmel Community Clinic	1875 Route 6 Provident Bank	Carmel, NY 10512	845-228-5293	----
White Plains Community Clinic	23 South Broadway	White Plains, NY 10601	914-421-1951	----
Port Jervis Community Clinic	150 Pike Street	Port Jervis, NY 12771	845-856-5396	----
New City Community Clinic	345 North Main Street	New City, NY 10956	845-634-8942	----
Goshen Community Clinic	30 Hatfield Lane Suite 204	Goshen, NY 10924	845-294-6927	----
Eastern Dutchess Community Clinic	2881 Church Street Route 199	Pine Plains, NY 12567	518-398-9240	----
Yonkers Community Clinic	124 New Main Street	Yonkers, NY 10701	914-375-8055	----

VA Medical Centers			www.hudsonvalley.va.gov	
Castle Point Campus of the VA Hudson Valley Health Care System	Route 9D	Castle Point, NY 12511	845-831-2000	----
Montrose Campus of the VA Hudson Valley Health Care System Montrose Campus	2094 Albany Post Road	Montrose, NY 10548	914-737-4400	----

Vet Centers				www.va.gov
White Plains Vet Center	300 Hamilton Avenue	White Plains, NY 10601	914-682-6250	----
Middletown Vet Center	726 East Main Street Suite 203	Middletown, NY 10940	845-342-9917	----

Veteran Justice Outreach Coordinator				
Jamila Miah	2094 Albany Post Road	Montrose, NY 10548	914-737-4400 Ext. 3185	jamila.miah@va.gov

Regional Suicide Prevention Coordinator				
Joseph Amato	2094 Albany Post Road	Montrose, NY 10548	914-737-4400 Ext. 2892	joseph.amato@va.gov

Crisis Center				
Dutchess County Department of Mental Hygiene - HELPLINE	230 Worth Road	Poughkeepsie, NY 12601	845-485-9700	www.co.dutchess.ny.us

New York State Division of Veterans' Affairs				www.veterans.ny.gov
c/o Hudson Valley Health Care Systems	Building 3 Room C 210	Castle Point, NY 12511	845-831-2000 Ext. 5449	----
U.S. Military Academy	622 Swift Road Building 622 Room 127	West Point, NY 10996	845-938-0231 Devon Clarke	----
New York State Division of Veterans' Affairs	110 Old Route 6 Building 3	Carmel, NY 10512	845-808-1620	----
New York State Division of Veterans' Affairs	Montrose State Veterans Home 2090 Albany Post Road	Montrose, NY 10548	914-788-6172	----
New York State Division of Veterans' Affairs	VA Medical Center Building 1, Room 18 2094 Albany Post Road	Montrose, NY 10548	914-788-4367	----

County Office of Veterans Services				www.veterans.ny.gov
Duchess County Veterans Service Agency	22 Market Street 4 th Floor	Poughkeepsie, NY 12601	845-486-2060 Nelson Rivera, Director	----
Orange County Veterans Service Agency	111 Craigville Road	Goshen, NY 10924	845-291-2470	----
Putnam County Veterans Service Agency	110 Old Route 6 Building 3	Carmel, NY 10512	845-808-1620 Karl Rohde, Director	----
Rockland County Veterans Service Agency	20 Squadron Boulevard Suite 480	New City, NY 10956	845-638-5244	----
Westchester County Veterans Service Agency	112 East Post Road	White Plains, NY 10601	914-995-2145 Vito Pinto, Director	----
Mt. Vernon Veterans Service Agency	City Hall Room 4	Mt. Vernon, NY 10550	914-665-2319 Will DuBose, Director	----
Yonkers Veterans Service Agency	120 New Main Street	Yonkers, NY 10701	914-377-6700 Al Ramsey, Director	----

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	Dutchess Works 233 Main Street	Poughkeepsie, NY 12601	845-473-9000 Ext. 144	----
Department of Labor	120 Bloomingdale Road	White Plains, NY 10605	914-995-4569 Gregory Whittaker	----
Department of Labor	20 South Broadway 12 th Floor	Yonkers, NY 10701	914-965-9500 Ext. 248 John O'Shaughnessey	----
Department of Labor	The Maple Building 3 Washington Center	Newburgh, NY 12550	845-568-5379 Cynthia (CJ) Nahs	----
Department of Labor	201 South James Street	Peekskill, NY 10566	914-737-5407 Mark Purcell	----
Department of Labor	Orange Works Career Center 33 Fulton Plaza	Middletown, NY 10940	845-346-1238	----

Pro Bono Legal Services				
Orange County Bar Association	198 Main Street	Goshen, NY 10924	845-294-8222 <i>Referrals should be called into the office</i>	www.ocbar.org
New York Legal Assistance Group <i>(serves NYC, Long Island and Westchester)</i>	7 Hanover Square 18th Floor	New York, NY 10004	212-613-5000 Randall Jeffrey, Director of General Legal Services Randy Retkin, Director of Legal Health	nylag.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

10th Judicial District: Nassau and Suffolk Counties

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov

Outpatient Clinics				www.va.gov
Riverhead Clinic	300 Center Drive	Riverhead, NY 11901	631-754-7978	
East Meadow Clinic	2201 Hempstead Turnpike	East Meadow, NY 11554	631-754-7978	----
Patchogue Community Clinic	4 Phyllis Drive	Patchogue, NY 11772	631-475-6610	----

VA Medical Center				
Northport VA Medical Center	79 Middleville Road	Northport, NY 11768	631-261-4400	www.northport.va.gov

Vet Centers				www.va.gov
Nassau Vet Center	970 South Broadway	Hicksville, NY 11801	516-348-0088	----
Babylon Vet Center	116 West Main Street	Babylon, NY 11702	631-661-3930	----

Veterans Justice Outreach Coordinator				
Eric Bruno	79 Middleville Road	Northport, NY 11768	631-261-4400 Ext. 7167	eric.bruno@va.gov

Regional Suicide Prevention Coordinator				
Nancy Olsen	79 Middleville Road	Northport, NY 11768	631-261-4400 Ext. 2791	nancy.olsen@va.gov

Crisis Centers				
Long Island Crisis Center	2740 Martin Avenue	Bellmore, NY 11710	516-826-0244	www.longislandcrisiscenter.org
Response of Suffolk County	P.O. Box 300	Stony Brook, NY 11790	631-751-7500	www.responsehotline.org

New York State Division of Veterans' Affairs				www.veterans.ny.gov
New York State Division of Veterans' Affairs	Suffolk County Center 300 Center Drive	Riverhead, NY 11901	631-852-1410	----
New York State Division of Veterans' Affairs	Northport VA Medical Center 79 Middleville Road Building 9	Northport, NY 11768	631-266-6702	----
New York State Division of Veterans' Affairs	Long Island State Veterans Home 100 Patriots Road	Stony Brook, NY 11790	631-444-8743	----

County Office of Veterans Services				www.veterans.ny.gov
Nassau County Veterans Service Agency	2201 Hempstead Turnpike, Building Q	East Meadow, NY 11554	516-572-6560 Michael Kilbride, Director	----
Glen Cove Office of Veterans Affairs	City Hall	Glen Cove, NY 11542	516-676-2000	----
Suffolk County Veterans Service Agency	100 Veterans Memorial Highway	Hauppauge, NY 11788	631-853-8387 Thomas Ronayne, Director	----
Suffolk County Veterans Service Agency	300 Center Drive	Riverhead, NY 11901	631-852-1410	----

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	301 West Old Country Road	Hicksville, NY 11801	516-934-8532	----
Department of Labor	50 Clinton Street Suite 400	Hempstead, NY 11550	516-485-5000 Ext. 1176 Peter Paffinos	----

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	160 South Ocean Avenue	Patchogue, NY 11772	631-687-4863 Michael J Antidormi 631-687-4894 Esmeralda Hess 631-687-4860 Gerard Donnelly 631-687-4879 Mark Hayward	----

Pro Bono Legal Services				
Suffolk County Bar Association	560 Wheeler Road	Hauppauge, NY 11788	631-234-5511 Ext. 231 Sarah Jane LaCova, Executive Director	jane@scba.org
Nassau County Bar Association	15 th & West Street	Mineola, NY 11501	516-747-4832 Par Carbonaro, Head of the Panel 516-747-4070 Gayle D. Berg, Director	www.nassaubar.org
Long Beach Lawyers Association	1 West Chester Street City Hall, Room 402	Long Beach, NY 11561	516-431-1000 or 1003 Corey Klein, Esq.	cklein@longbeachny.org
New York Legal Assistance Group (serves NYC, Long Island and Westchester)	7 Hanover Square 18th Floor	New York, NY 10004	212-613-5000 Randall Jeffrey, Director of General Legal Services Randy Retkin, Director of Legal Health	nylag.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

11th Judicial District: Queens County

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov
Outpatient Clinic				
Thomas P. Noonan Queens VA Community Clinic	47-01 Queens Boulevard	Sunnyside, NY 11104	718-741-4800	www.va.gov
VA Medical Center				
VA New York Harbor Healthcare System St. Albans Campus	Saint Albans Community Living Center 179-00 Linden Boulevard	St. Albans, NY 11425	718-526-1000	www.nyharbor.va.gov
Vet Center				
Queens Vet Center	75-10B 91st Avenue	Woodhaven, NY 11421	718-296-2871	www.va.gov
Veteran Justice Outreach Coordinator				
Denise Lukowski	179 th St & Linden Boulevard	St. Albans, NY 11425	718-526-1000 Ext. 2457	denise.lukowski@va.gov
Regional Suicide Prevention Coordinator				
Judith Kaplan	130 West Kingsbridge Road	Bronx, NY 10468	718-584-9000 Ext. 3708	judith.kaplan@va.gov
Crisis Center (nearest location)				
Long Island Crisis Center	2740 Martin Avenue	Bellmore, NY 11710	516-826-0244	www.longislandcrisiscenter.org

New York State Division of Veterans' Affairs				www.veterans.ny.gov
VA Extended Care Center	179 th St & Linden Boulevard Room S101	St. Albans, NY 11425	718-526-1000 Ext. 2217	----
New York State Division of Veterans' Affairs	c/o NYS Veterans Home at Saint Albans 178-50 Linden Boulevard Room 189	Jamaica, NY 11437	718-990-0348 Miriam Newland	----

County Office of Veterans Services				
Mayor's Office of Veterans Affairs	346 Broadway	New York, NY 10013	212-442-4171 Terrance Holliday, Commissioner	www.nyc.gov/veterans

Veteran Employment Representatives				www.labor.ny.gov
Department of Labor	168-25 Jamaica Avenue 2nd Floor	Jamaica, NY 11432	718-557-6711 Andrew Boyle	----
Department of Labor	138-60 Barclay Avenue	Flushing, NY 11355	718-321-6315 Edmond Torrance 718-321-6306 Elizabeth Hendricks	----

Pro Bono Legal Services				
New York City Bar Association	42 West 44 th Street	New York, NY 10036	212-382-6678 Lynn Kelly, Director City Bar Justice Center 212-382-4714 Carol Bockner, City Bar Justice Center Director, Veterans Assistance Program	www.nycbar.org

Pro Bono Legal Services				
Legal Services NYC	89-00 Sutphin Boulevard	Jamaica, NY 11435	347-592-2200 Jennifer Ching, Project Director	www.legalservicesnyc.org
New York Legal Assistance Group <i>(serves NYC, Long Island and Westchester)</i>	7 Hanover Square 18th Floor	New York, NY 10004	212-613-5000 Randall Jeffrey, Director of General Legal Services Randy Retkin, Director of Legal Health	nylag.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)				

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation and Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

12th Judicial District: Bronx County

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov

Outpatient Clinics (nearest locations)				www.va.gov
White Plains Community Clinic	23 South Broadway	White Plains, NY 10601	914-421-1951	----
Yonkers Community Clinic	124 New Main Street	Yonkers, NY 10701	914-375-8055	----
Harlem Community Clinic	55 West 125th Street 11th Floor	New York, NY 10027	646-273-8125	----
Opiate Replacement Treatment Program (ORTP)	VA NY Harbor Healthcare System Manhattan Campus 437 West 16th Street	New York, NY 10011	646-273-8100	----

VA Medical Center				
James J. Peters VA Medical Center	130 West Kingsbridge Road	Bronx, NY 10468	718-584-9000	www.bronx.va.gov

Vet Center				
Bronx Vet Center	2471 Morris Avenue Suite 1A	Bronx, NY 10468	718-367-3500	www.va.gov

Veteran Justice Outreach Coordinator				
Siobhan Morris	130 West Kingsbridge Road	Bronx, NY 10468	718-584-9000 Ext. 5329	siobhan.morris@va.gov

Regional Suicide Prevention Coordinator				
Judith Kaplan	130 West Kingsbridge Road	Bronx, NY 10468	718-584-9000 Ext. 3708	judith.kaplan@va.gov

Crisis Centers (nearest locations)				
Covenant House	460 West 41 st Street	New York, NY 10036	212-613-0300 Jerome Kilbane	www.covenanthouse.org
LifeNet	----	----	800-543-3638	www.800Lifenet.org

New York State Division of Veterans' Affairs				
James J. Peters VA Medical Center	130 West Kingsbridge Road Room 2A-26	Bronx, NY 10468	718-584-9000 Ext. 6363	www.bronx.va.gov

County Office of Veterans Services				
Mayor's Office of Veterans Affairs	346 Broadway	New York, NY 10013	212-442-4171 Terrance Holliday, Commissioner	www.nyc.gov/veterans

Veteran Employment Representative				
Department of Labor	358 East 149 th Street	Bronx, NY 10455	718-960-7913 Juan Serrano	www.labor.ny.gov

Pro Bono Legal Services				
New York City Bar Association	42 West 44 th Street	New York, NY 10036	212-382-6678 Lynn Kelly, Director City Bar Justice Center 212-382-4714 Carol Bockner, City Bar Justice Center Director, Veterans Assistance Program	www.nycbar.org
Legal Services NYC	579 Courtlandt Avenue	Bronx, NY 10451	718-928-3700 Jennifer Levy, Project Director	www.legalservicesnyc.org
New York Legal Assistance Group <i>(serves NYC, Long Island and Westchester)</i>	7 Hanover Square 18th Floor	New York, NY 10004	212-613-5000 Randall Jeffrey, Director of General Legal Services Randy Retkin, Director of Legal Health	nylag.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

Medical Services (Traumatic Brain Injury, Occupational Therapy)

Addiction Services (Alcohol, Gambling, Substance Abuse)

Wellness (Stress Management, Reintegration)

Educational Services (Tuition Assistance, Higher Education, Training Programs)

Housing Resources (Long Term or Permanent Housing, Home Repair, Homeless Outreach)

Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

13th Judicial District: Richmond County

Veterans Benefits Administration Regional Office				
New York Regional Office	245 West Houston Street	New York, NY 10014	800-827-1000	www.vba.va.gov
Outpatient Clinic				
Staten Island Community Clinic	1150 South Avenue Suite 301	Staten Island, NY 10314	718-761-2973	www.va.gov
VA Medical Center (nearest location)				
VA NY Harbor Healthcare Center, Brooklyn Campus	800 Poly Place	Brooklyn, NY 11209	718-836-6600	www.nyharbor.va.gov
Vet Center				
Staten Island Vet Center	60 Bay Street	Staten Island, NY 10301	718-816-4499	www.va.gov
Veteran Justice Outreach Coordinator				
Denise Lukowski	423 East 23 rd Street	New York, NY 10010	212-686-7500	denise.lukowski@va.gov
Regional Suicide Prevention Coordinator				
Dr. Joshua Hooberman	423 East 23 rd Street	New York, NY 10010	212-686-7500 Ext. 3766	joshua.hooberman@va.gov
Crisis Centers (nearest locations)				
Covenant House	460 West 41 st Street	New York, NY 10036	212-613-0300 Jerome Kilbane	www.covenanthouse.org
LifeNet	----	----	800-543-3638	www.800Lifenet.org
New York State Division of Veterans' Affairs				
New York State Division of Veterans' Affairs	Borough Hall Building 10 Richmond Terrace Room 313	Staten Island, NY 10301	718-447-8787	www.veterans.ny.gov

County Office of Veterans Services				
Mayor's Office of Veterans Affairs	346 Broadway	New York, NY 10013	212-442-4171 Terrance Holliday, Commissioner	www.nyc.gov/veterans

Veteran Employment Representative				
Staten Island Workforce1 Career Center	120 Stuyvesant Place 3 rd Floor	Staten Island, NY 10301	718-285-8396 Ariel Moncada	www.labor.ny.gov

Pro Bono Legal Services				
New York City Bar Association	42 West 44 th Street	New York, NY 10036	212-382-6678 Lynn Kelly, Director City Bar Justice Center 212-382-4714 Carol Bockner, City Bar Justice Center Director, Veterans Assistance Program	www.nycbar.org
New York Legal Assistance Group <i>(serves NYC, Long Island and Westchester)</i>	7 Hanover Square 18th Floor	New York, NY 10004	212-613-5000 Randall Jeffrey, Director of General Legal Services Randy Retkin, Director of Legal Health	nylag.org
Legal Services NYC	36 Richmond Terrace, Suite 205	Staten Island, NY 10301	718-233-6480 Nancy Goldhill, Project Director	www.legalservicesnyc.org

Mental Health Services (Trauma, Mental Illness, Post Traumatic Stress Disorder)

Children and Family Services (Domestic Violence Resources, Family Counseling, Bereavement Services)

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Veteran Advocates (Assistance Filing Pensions, Compensation, Benefits)

Local Chapters (Veterans of Foreign Wars, American Legion)

Additional Resources

CDS Monarch Warrior SALUTE provides housing and treatment for those veterans who suffer from PTSD or TBI. Their services are free to OEF and OIF veterans. For further information, please contact Tom Tartaglia, Program Manager.

860 Hard Road
Webster, NY 14580
585-347-1602
Thomas.Tartaglia@cdsmonarch.org

Disabled American Veterans (DAV) is a non-profit charity dedicated to building better lives for America's disabled veterans and their families. Annually, the DAV represents more than 200,000 veterans and their dependents with claims for benefits from the Department of Veterans Affairs and Department of Defense. For more information please visit www.dav.org/.

The **GI Rights Hotline** provides advice to members of the military seeking information about discharges, grievance and complaint procedures, and other civil rights. For more information please call 800-395-9544.

Justice for Vets is a national clearinghouse and veterans' organization exclusively committed to ensuring that veterans involved in the criminal justice system have access to Veterans Treatment Courts, benefits, services and treatment. Justice For Vets activities include advocating for federal Veterans Treatment Court funding, assisting with state legislation, training and technical assistance, public awareness, and building coalitions within the criminal justice, business, and Veterans Service Organization communities. For more information please visit www.nadcp.org/About-Justice-For-Vets.

Lawyers Serving Warriors is a project of National Veterans Legal Services Program that provides free legal services to U.S. military personnel and veterans who serviced in OIF or OEF, and who need help with disability, discharge, or veterans benefits cases. For more information please visit www.LawyersServingWarriors.org.

National Association of Senior Veterans (NASV) provides senior veterans and their dependents with information regarding eligibility and government benefits that are available on a national and local level. NASV's staff and volunteers are dedicated to helping veterans and surviving dependents understand the application process at no charge. For more information please visit www.veteransupportcenter.org.

Paralyzed Veterans of America works to positively change lives and build brighter futures for our nation's veterans with disabilities and their families. Whether it's fighting for quality health care and decent benefits for all who served, providing opportunities -- post serious injury -- to get back into life through adaptive sports, helping veterans with disabilities get good jobs and careers, educating clinicians about spinal cord injury/dysfunction or investing in a cure for paralysis, Paralyzed Veterans leads the way

in empowering people with disabilities with everything they need to live full and productive lives. For more information please visit www.pva.org.

Service Women's Action Network (SWAN) supports, defends, and empowers today's servicewomen and women veterans of all eras, through groundbreaking advocacy initiatives and innovative, healing community programs. For more information please visit www.ServiceWomen.org or call 803-216-1892.

Soldier On provides services to homeless and at-risk veterans in 36 counties of Eastern and Central NY. Services include reintegration into the workforce, such as occupational, classroom and on-the-job training as well as job search and placement assistance, including follow-up services. Veterans are connected to these services through referrals from various agencies. Counties being served under a federal grant include: Albany, Broome, Cayuga, Chemung, Chenango, Clinton, Columbia, Cortland, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Herkimer, Jefferson, Lewis, Madison, Montgomery, Oneida, Onondaga, Oswego, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Schuyler, Seneca, Steuben, St. Lawrence, Tioga, Tompkins, Ulster, Warren and Washington. The telephone number to access these services is 866-406-8449.

The American Legion is the nation's largest veteran's service organization, committed to mentoring and sponsorship of youth programs in our communities, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members and veterans. The American Legion is a nonpartisan, not-for-profit organization with great political influence perpetuated by its grass-roots involvements in the legislation process. Legionnaires' sense of obligation to their community, state and nation drives an honest advocacy for veterans in Washington. The American Legion includes two other branches: Sons of the American Legion, for anyone with parents or grandparents who served in the United States Military, and the American Legion Auxiliary, which supports The American Legion while becoming the premier service organization and foundation of every community providing support for our veterans, our military, and their families. For more information please visit www.ny.legion.org/.

The City University of New York (CUNY) Office of Veteran Affairs is dedicated to fostering a sense of community and to developing a channel of communication among veteran and reservist students, and with faculty, staff and administration. CUNY welcomes and supports veterans and reservists on its campuses and recognizes the contribution that they make as citizens and students. CUNY is proud of the level of diversity and academic excellence that its 3,000 veterans and reservists bring to its campuses. Their website offers a guide to educational benefits, entitlements, counseling and advocacy resources, which will assist veterans in pursuing their academic and civilian careers.

The CUNY Office of Veterans Affairs team is happy to assist with any questions. Contact CUNY Monday through Friday between 9 AM and 5 PM:

Wilfred Cotto
University Coordinator of Veterans Affairs
212-652-2002
wilfred.cotto@mail.cuny.edu
www.cuny.edu/about/resources/veterans

The **New York LawHelp** Consortium provides LawHelp.org/NY as a public service to assist persons in finding free legal aid in New York and information about legal rights, courts, and other helpful information. LawHelpNY dedicates a section specifically for Veterans and Military. For more information please visit www.lawhelp.org/ny.

The State University of New York (SUNY) welcomes students with military experience. A variety of benefits encourage college enrollment for veterans and provides financial assistance to make it easier to pursue higher education. The SUNY website provides an overview of the kinds of benefits that are available to Veteran; however, for more information for the education benefits available to veterans contact:

New York State Higher Education Services Corporation (HESC)
99 Washington Avenue
Albany, NY 12255
Tee888-697-4372
www.hesc.ny.gov

Department of Veterans Affairs Eastern Regional Office
PO Box 4616
Buffalo, NY 14240-4616
888-442-4551
www.gibill.va.gov

Vietnam Veterans of America (VVA) is the only national Vietnam veterans organization congressionally chartered and exclusively dedicated to Vietnam-era veterans and their families. VVA's goals are to promote and support the full range of issues important to Vietnam veterans, to create a new identity for this generation of veterans, and to change public perception of Vietnam veterans. For more information please visit www.vva.org

The **Volunteer Lawyers Project** is a program created by Neighborhood Legal Services, Inc., (NLS) and the Bar Association of Erie County to recruit, train and coordinate the work of over 800 volunteer attorneys; provide client intake, case screening and matching of clients and attorneys to provide quality civil legal services to low income people and small not-for-profit groups. For more information please visit www.eriebar.org.

Westchester Community Opportunity Program, Inc. (WestCOP) is a private not-for-profit, multipurpose social service agency operating community programs to combat poverty and its adverse effects in Westchester and Putnam counties. For more information please visit www.westcop.org.

Learn to Recognize the Signs of a Veteran in Crisis

If you know a veteran who is showing any of the below warning signs please call the Veterans Crisis Line today.

Many veterans may not show any signs of intent to harm themselves before doing so, but some actions can be a sign that a veteran needs help. Veterans in crisis may show behaviors that indicate a risk of harming themselves.

Veterans who are considering suicide often show signs of depression, anxiety, low self-esteem, and/or hopelessness, such as:

- Appearing sad or depressed most of the time
- Clinical depression: deep sadness, loss of interest, trouble sleeping and eating—that doesn't go away or continues to get worse
- Feeling anxious, agitated, or unable to sleep
- Neglecting personal welfare, deteriorating physical appearance
- Withdrawing from friends, family, and society, or sleeping all the time
- Losing interest in hobbies, work, school, or other things one used to care about
- Frequent and dramatic mood changes
- Expressing feelings of excessive guilt or shame
- Feelings of failure or decreased performance
- Feeling that life is not worth living, having no sense of purpose in life
- Talk about feeling trapped—like there is no way out of a situation
- Having feelings of desperation, and saying that there's no solution to their problems

Their behavior may be dramatically different from their normal behavior, or they may appear to be actively contemplating or preparing for a suicidal act through behaviors such as:

- Performing poorly at work or school
- Acting recklessly or engaging in risky activities—seemingly without thinking
- Showing violent behavior such as punching holes in walls, getting into fights or self-destructive violence; feeling rage or uncontrolled anger or seeking revenge
- Looking as though one has a “death wish,” tempting fate by taking risks that could lead to death, such as driving fast or running red lights
- Giving away prized possessions
- Putting affairs in order, tying up loose ends, and/or making out a will
- Seeking access to firearms, pills, or other means of harming oneself

The **Veterans Crisis Line** is a U.S. Department of Veterans Affairs resource that connects veterans in crisis or their families and friends with qualified, caring VA professionals. Assistance is available through a confidential, toll-free hotline or via online chat. The Veterans Crisis Line is staffed by caring VA responders, many who are Veterans themselves. Each responder understands the unique Veteran experience and is trained to handle any crisis. Send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week. For additional information please contact:

800-273-8255

888-628-9454 (Spanish Hotline)

www.veteranscrisisline.net