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If you want to be in the game
You have to be at the table™

For entertainment and educational purposes. This is not a gambling program

As Seen In

Forbes



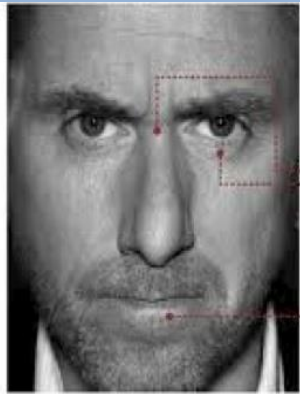
abc NEWS

CRAIN'S
CLEVELAND
BUSINESS

SUCCESS
Real Success Real

How's Your Poker Face?

7 Universal Micro Expressions



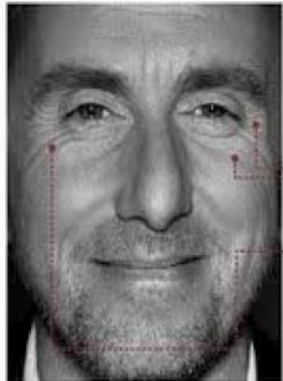
- ① eyebrows down and together
- ② eyes glare
- ③ narrowing of the lips



- ① nose wrinkling
- ② upper lip raised



- ① eyebrows raised and pulled together
- ② raised upper eyelids
- ③ tensed lower eyelids
- ④ lips slightly stretched horizontally back to ears



- A real smile always includes:
- ① crow's feet wrinkles
 - ② pushed up cheeks
 - ③ movement from muscle that orbits the eye



- ① drooping upper eyelids
- ② losing focus in eyes
- ③ slight pulling down of lip corners



- Lasts for only one second:
- ① eyebrows raised
 - ② eyes widened
 - ③ mouth open



- ① lip corner tightened and raised on only one side of face

A. Anger

D. Sadness

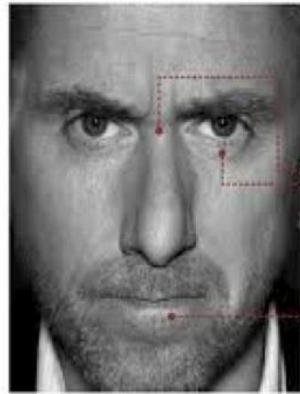
F. Happiness

C. Surprise

E. Disgust

G. Contempt

Microexpressions



anger

- ① eyebrows down and together
- ② eyes glare
- ③ narrowing of the lips



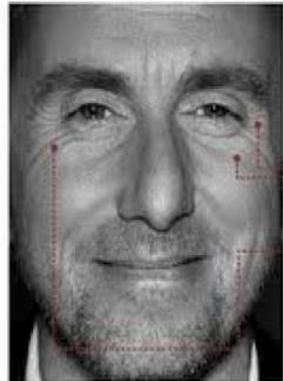
disgust

- ① nose wrinkling
- ② upper lip raised



fear

- ① eyebrows raised and pulled together
- ② raised upper eyelids
- ③ tensed lower eyelids
- ④ lips slightly stretched horizontally back to ears



happiness

A real smile always includes:

- ① crow's feet wrinkles
- ② pushed up cheeks
- ③ movement from muscle that orbits the eye



sadness

- ① drooping upper eyelids
- ② losing focus in eyes
- ③ slight pulling down of lip corners



surprise

Lasts for only one second:

- ① eyebrows raised
- ② eyes widened
- ③ mouth open



contempt

- ① lip corner tightened and raised on only one side of face