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Meredith S. Heller, of the Law Office of Meredith S. Heller PLLC, practices criminal defense in both the state and the federal courts, including before the Second Circuit Court of Appeals and the New York Court of Appeals. She also focuses her practice on attorney ethics and discipline, counseling both attorneys in the grievance process and bar applicants in the admissions process. Meredith is the past chair of the New York City Bar Association's Professional Responsibility Committee, is a member (and former chair) of the Lawyers Assistance Program Committee and is a former member of the Professional Ethics Committee. She is also a member of the New York State Bar Association's Professional Discipline Committee.

Meredith is a frequent speaker at CLEs on ethics and professionalism, including for the Queens County Civil Judges, the Judges of the Appellate Division, First Department, and the Bridge the Gap CLE for the Volunteer Attorney Program for New York County.

She is a member of the New York State Bar Association, New York City Bar Association, and the New York State Association of Criminal Defense Lawyers.