

# **What Makes Lawyers Happy**

Monday, October 29, 2018 | 11:30 a.m. – 1:00 p.m.  
Temporary Location of the Madison County Courthouse |  
181 Kenwood Avenue | Oneida, NY

## **Program Agenda**

11:00 a.m.                      **Registration**

11:30 a.m. – 12:00 p.m.      **Lunch**

12:00 p.m. – 1:00 p.m.      **Overview of the Lawyers Assistance Program &  
Ethical Considerations**

- > Identifying the three important elements of a happy career
- > Stress: its relationship to mental health concerns and substance abuse
- > The importance of self-care and early identification of problems
- > Impairments due to addiction and mental health problems can place clients at risk of harm and your license in jeopardy
- > Emotionally healthy attorneys are more likely to competently represent their clients
- > Personal story

1:00 p.m.                      **Adjournment**

**1.0 MCLE Credit – 1.0 Ethics**